

Keep our Children Healthy – Prevention Tips (photo bi-line)

Prevention – Get the Facts

- Letter from Dr. Matt Willis, Marin Public Health Officer, to Parents re: Ebola, Enterovirus, Influenza (English) (Spanish)
- Tips for staying healthy and preventing disease (CDC) – post in your classroom (CDC)
- “What Parents Need to Know about Enterovirus D68” (CDC)
- Enterovirus D68 Q&A (CDC)
- Marin County Health and Human Services – Ebola Information (<https://www.marinhhs.org/blog/marins-response-ebola>)

Vaccinations – Arm Yourself and Your Children!

- **Data:** Did you know? 20% of Marin County Kindergartens are not fully vaccinated! This puts all residents at risk, especially infants and those with compromised immune systems. Learn more:
<http://www.healthymarin.org/modules.php?op=modload&name=NS-Indicator&file=indicator&iid=11218793>
- **Educate yourself** – PBS/NOVA video – “Vaccines – Calling the Shots” (<http://www.pbs.org/wgbh/nova/body/vaccines-calling-shots.html>)
Diseases that were largely eradicated in the United States a generation ago – whooping cough, measles, mumps – are returning, in part because nervous parents are skipping their children’s shots. This program discusses epidemics and explores the science behind vaccinations to put parents at ease.
- **It’s the Law** - A new state law went into effect Jan. 1 making it a little harder for California students to obtain a waiver for required vaccinations. The law says parents can now only claim a personal belief exemption from vaccines if they have a signed form from their doctor. (<http://www.shotsforschool.org/laws/exemptions/>)