



## Ringworm

Your child may have been exposed to this disease on \_\_\_\_\_.  
Date(s)

Please check your child for symptoms through \_\_\_\_\_.  
Date

*If your child has symptoms, please contact your child's healthcare provider.*

### **If my child has this disease, when can he or she return to school or child care?**

A child with ringworm **on the body** may return after receiving treatment.

A child with ringworm **on the scalp** needs approval by his or her doctor or health care provider to return to school or child care.

**Ringworm is a common infection of the skin and/or scalp caused by fungus.**

It causes:

- Itchy skin
- A rash shaped like a ring or circle
- Red, scaly, cracked skin
- Hair loss

For ringworm **on the body**, symptoms usually start 4 days after a person is exposed, but it can take up to 10 days.

For ringworm **on the scalp**, symptoms usually start 10 days after a person is exposed, but it can take up to 14 days.

### **What can I do now?**

**Watch your child** for symptoms of this disease and call your child's doctor or health care provider if your child becomes sick.

**If your child gets sick, prevent others from getting ill by:**

- Do not allow a child with ringworm to swim in a pool
- Keep skin clean and dry
- Do not share clothing, towels, sheets, combs, hair brushes, or other personal items
- Wash towels and clothes in hot water (131 degrees F or higher)