

# DEPARTMENT OF HEALTH AND HUMAN SERVICES COMMUNICABLE DISEASE PREVENTION AND CONTROL

Marinhhs.org





## Ringworm

Your child may have been exposed to this disease on		
	Date(s)	
Please check your child for symptoms through	•	
	Date	
If your child has symptoms please contact your child's	healthcare provider	

## If my child has this disease, when can he or she return to school or child care?

A child with ringworm **on the body** may return after receiving treatment.

A child with ringworm on the scalp needs approval by his or her doctor or health care provider to return to school or child care.

## Ringworm is a common infection of the skin and/or scalp caused by fungus.

#### It causes:

- Itchy skin
- A rash shaped like a ring or circle
- Red, scaly, cracked skin
- Hair loss

For ringworm on the body, symptoms usually start 4 days after a person is exposed, but it can take up to 10 days.

For ringworm on the scalp, symptoms usually start 10 days after a person is exposed, but it can take up to 14 days.

## How is Ringworm spread?

- Direct skin-to-skin contact to someone who has ringworm
- Sharing clothing, towels, combs or other personal items with a person who has ringworm
- Touching an animal that has ringworm

### What can I do now?

Watch your child for symptoms of this disease and call your child's doctor or health care provider if your child becomes sick.

### If your child gets sick, prevent others from getting ill by:

- Do not allow a child with ringworm to swim in a pool
- Keep skin clean and dry
- Do not share clothing, towels, sheets, combs, hair brushes, or other personal items
- Wash towels and clothes in hot water (131 degrees F or higher)