Ringworm

Your child may have been exposed to this disease on ________________.

Date(s)

Please check your child for symptoms through ________________.

Date

If your child has symptoms, please contact your child’s healthcare provider.

If my child has this disease, when can he or she return to school or child care?

A child with ringworm on the body may return after receiving treatment.

A child with ringworm on the scalp needs approval by his or her doctor or healthcare provider to return to school or child care.

Ringworm is a common infection of the skin and/or scalp caused by fungus.

It causes:
- Itchy skin
- A rash shaped like a ring or circle
- Red, scaly, cracked skin
- Hair loss

For ringworm on the body, symptoms usually start 4 days after a person is exposed, but it can take up to 10 days.

For ringworm on the scalp, symptoms usually start 10 days after a person is exposed, but it can take up to 14 days.

What can I do now?

Watch your child for symptoms of this disease and call your child’s doctor or healthcare provider if your child becomes sick.

If your child gets sick, prevent others from getting ill by:
- Do not allow a child with ringworm to swim in a pool
- Keep skin clean and dry
- Do not share clothing, towels, sheets, combs, hair brushes, or other personal items
- Wash towels and clothes in hot water (131 degrees F or higher)

For more information, contact your health care provider, your School Nurse, the Marin County Health Department at 415-473-4163, or visit: www.cdc.gov/fungal/diseases/ringworm/index.html