



Salmonella

Your child may have been exposed to this disease on _____.
Date(s)

Please check your child for symptoms through _____.
Date

If your child has symptoms, please contact your child's healthcare provider.

If my child has this disease, when can he or she return to school or child care?

Children in **child care, preschool, or kindergarten**, preschool, or child care may return to school or child care when they no longer have symptoms AND when the Local Health Department approves their return.

Children in **first grade or older** may return to school when they no longer have diarrhea.

Salmonella is a bacteria that can make you sick.

Symptoms are:

- Sudden stomach pain
- Diarrhea
- Nausea
- Vomiting
- Fever

If a person gets sick, it will usually start 6 to 72 hours after a person is exposed. In rare cases, it can take up to 16 days to become sick. It usually lasts 4 to 7 days, and generally a person recovers without treatment.

What can I do now?

Watch your child for symptoms. Call your child's doctor or health care provider if your child becomes sick.

Infants, adults over 65 years of age, or persons with immune system problems who has been exposed to this disease or has symptoms should contact their doctor **immediately**.

If your child gets sick, prevent others from getting sick by:

- Washing your hands often with soap and water, especially before preparing meals or eating food, and after changing diapers.
- Washing your hands well after touching reptiles, birds, baby chicks, and pet feces.
- Clean commonly touched items and surfaces, such as toys and doorknobs.