

Guidance for Schools and Child Care Centers: Sending Exposure Notices and Reporting Diseases

To report a disease or outbreak to Marin County Public Health, call: 415-473-4163

★ When you send exposure notices to parents,
please send Public Health a copy of your cover letter and the notice. ★
Please email to: HHSSchoolNotices@marincounty.org

DISEASE	SEND AN EXPOSURE NOTICE?	WATCH FOR SYMPTOMS FOR:	CALL MARIN COUNTY PUBLIC HEALTH TO REPORT A <u>SINGLE</u> CASE? <i>ALWAYS REPORT AN OUTBREAK OF ANY DISEASE[†]</i>
Amebiasis	Yes	4 weeks	Yes
Bed Bugs	Yes	2 weeks or longer	No
Campylobacter	Yes	10 days	Yes
Chickenpox	Yes	21 days	Report outbreaks only: ≥5 related cases (A related case is one that occurs within the incubation period (21 days) of exposure to a case at the same school.)
CMV (Cytomegalovirus)	Yes	12 weeks	Yes
E. coli O157 / STEC (Shiga toxin-producing e. coli)	Yes	10 days	Yes
Fifth Disease/ Slap Cheek	Yes	20 days	No
Flu (Seasonal)	For an outbreak or widespread illness only	4 days	Report a single case ONLY if a child is hospitalized in the ICU or dies An outbreak of flu is ≥20% of school, OR many more cases than usual for a given time of year.
Giardia	Yes	22 days	Yes
Hand, Foot, and Mouth Disease	Yes	5 days	Yes
Head Lice	No	n/a	No, and do not exclude children from school or child care
Hepatitis A	Yes	50 days	Yes
Hepatitis B	Yes	180 days	Yes
Hepatitis C	Yes	6 months	Yes
Impetigo	Yes	n/a	No
Measles	Yes	21 days	Yes, report immediately by phone

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Meningococcal Meningitis	Yes	10 days	Yes, report immediately by phone
Mononucleosis	Yes	6 weeks	No
MRSA	No	N/A	Report a single case ONLY if a child is hospitalized in the ICU or dies
Mumps	Yes	25 days	Yes
Pink Eye (Conjunctivitis)	Yes	72 hours	No
Pinworm	Yes	2 months	No
Ringworm (on body or scalp)	Yes	Body: 10 days Scalp: 14 days	No
Roseola (Sixth disease)	Yes	14 days	No
RSV (Respiratory Syncytial Virus)	Yes	8 days	Yes, if there is a death in a child < 5 years old
Rubella (German measles)	Yes	21 days	Yes
Salmonella	Yes	72 hours	Yes
Scabies	Yes	4 days if has had it before; 6 weeks if has not had it before	No
Shigella	Yes	6 weeks	Yes
Shingles	Yes	21 days	Report 2 cases within 21 days
Strep Throat/ Scarlet Fever	Yes	10 days	Cluster only, defined as: -Strep Throat: ≥ 5 cases -Scarlet Fever: ≥ 3 cases Cases must be confirmed by throat culture or rapid test within 1 week
Typhoid/ Paratyphoid Fever	Yes	Typhoid: 60 days Paratyphoid: 14 days	Yes
Viral Gastroenteritis (Norovirus)	Yes, for ≥ 2 related cases within 24-48 hours	72 hours	Yes, for ≥ 2 related cases within 24-48 hours

[¶]An outbreak is when more cases than expected occur among a specific group of people over a particular period of time.

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Viral Meningitis	Yes	Varies	Yes
Viral Mouth Infection (Herpangina, Viral stomatitis)	Herpangina: Yes; Stomatitis: No		Report outbreaks of herpangina (a form of coxsackie virus); Do not report stomatitis
Whooping Cough (Pertussis)	<ul style="list-style-type: none"> • Send an exposure notice for the first case of pertussis. • After sending an exposure notice for the first case, if cases continue, send it one week after the first case, and then monthly as long as cases continue. <p>Grade level recommendations</p> <ul style="list-style-type: none"> • For high school, send the notice to the whole school (indicate grade level of exposure). • For middle school, send to grade level (indicate grade level of exposure). • For elementary school, send to class level. • Also, send the notice to any extracurricular activities (e.g., sports teams) that the case was involved in. • Send the notice to all staff who are in direct contact with students for 1 hour or more daily. (e.g., teachers, front office staff and counselors) 	21 days	<p><i>Only</i> report single cases if child is younger than 4 months of age only.</p> <p>Do not report outbreaks of whooping cough to Public Health.</p>
Positive TB Skin Test (PPD)	No	n/a	No, children with a positive skin test and normal chest xray and no symptoms of TB are not reportable.

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FAQ for Schools and Child Cares:

1) When can sick school staff return to school?

For **gastrointestinal illness** (such as amebiasis, campylobacter, E. coli, giardia, hepatitis A, norovirus, salmonella):

- If the staff is a **food handler* OR works in child care**, then follow the return to school/child care guidelines for students in childcare/preschool above.
- If the staff is **NOT a food handler or does NOT work in child care**, then he or she may return to school 24 hours after symptoms have stopped and fever is gone without the use of medications that reduce fever.

For **respiratory illness**, staff may return 24 hours after fever is gone without the use of medications that reduce fever AND when cough is manageable.

**A food handler is a person who is involved in the preparation (including contact with surfaces and equipment), serving, or handling of food or beverages (including ice), to be consumed by individuals other than the person's immediate family.*

2) Can a school or child care create a more or less restrictive exclusion policy?

The school may create a more restrictive policy, but not a less restrictive policy, than the Public Health Department's recommendation.

3) What if a student or staff's medical provider recommends a different restriction period?

The student or staff's medical provider may recommend a longer restriction period, but not a shorter period, than the Public Health Department's recommendation. In the case that a medical provider recommends a longer restriction period, that will take precedence over the Public Health Department's recommendation.

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