## **COUNTY OF MARIN**



**DEPARTMENT OF HEALTH AND HUMAN SERVICES** MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES

SUBSTANCE USE SERVICES PROVIDER MANUAL **CLINICAL PRACTICE and ADMINISTRATIVE GUIDELINES** 

Updated: 1/2019 - Original: 8/2018





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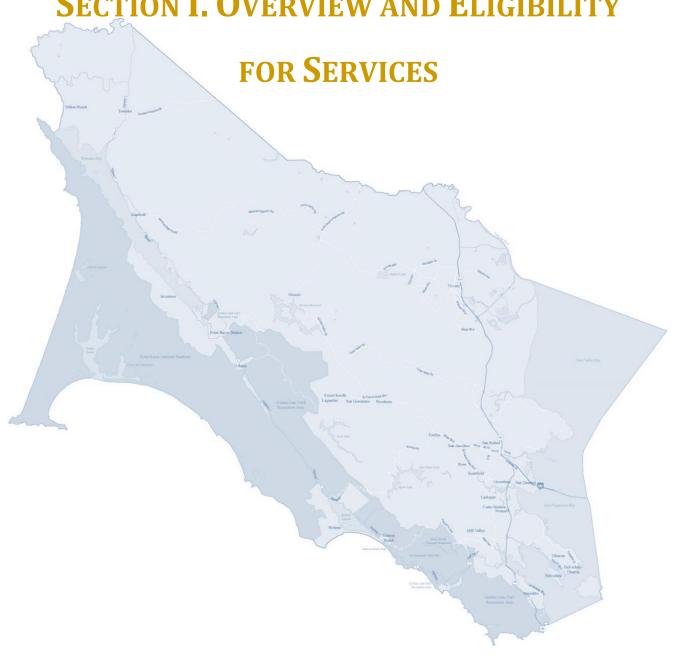


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## SECTION I. OVERVIEW AND ELIGIBILITY



## **Introduction and Philosophy of Care**

Dear Community Partners,

The past three years has presented each of us with tremendous opportunities and, sometimes what seemed insurmountable challenges in preparation for the implementation of the Drug/Medi-Cal Organized Delivery System (DMC-ODS) 1115 Waiver. Planning for and implementing this Waiver represents one of the most significant changes in the substance use delivery system's history. This historical change reflects years of advocacy for the healthcare system to formally recognize substance use disorders as a medical disorder. Parity legislation, the Affordable Care Act and now the DMC-ODS Waiver places substance use disorders as a vital component to the overall health of individuals, families and our communities.

We would like to thank each of you, from staff to administration, for your creativity and perseverance in transitioning our substance use treatment delivery system and providing our clients with the hope, support and care to achieve a life of recovery.

With Appreciation and thanks,

Catherine Condon, MPH

County Alcohol and Drug Administrator

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# Continuum of Substance Use Disorder Treatment Services

As part of the DMC-ODS, the benefit package for specialty substance use treatment services include:

- Outpatient Services
- Intensive Outpatient Treatment
- Partial Hospitalization (only available for adolescents)
- Residential Treatment
  - o ASAM Levels 3.1 & 3.5 are subject to prior authorization by the County
- Withdrawal Management
  - o ASAM Level 1 Outpatient (Ambulatory) Withdrawal Management
  - o ASAM Level 3.2 Residential Withdrawal Management
- Opioid Treatment
- Medication Assisted Treatment
- Recovery Services
- Case Management
- Physician Consultation

Note that Medi-Cal Managed Care Health Plans are responsible for providing Early Intervention (ASAM Level 0.5) and services provided in general acute hospitals are the responsibility of Feefor-Service Medi-Cal.

A description of specialty substance use treatment services covered as part of Marin's ODS is below:

#### Outpatient Services

Counseling services are provided to members up to nine hours a week for adults and less than six hours a week for adolescents when determined to be medically necessary and in accordance with an individualized client plan. Services can be provided by a licensed professional or a certified counselor in any appropriate setting in the community.

Outpatient Services includes intake and assessment, treatment planning, individual counseling, group counseling, family therapy, collateral services, member education, medication services, crisis intervention services, and discharge planning.

#### • Intensive Outpatient Treatment

Intensive Outpatient Treatment services are provided to members (a minimum of nine hours with a maximum of 19 hours a week for adults and a minimum of six hours with a maximum of 19 hours a week for adolescents) when determined to be medically necessary and in accordance with an individualized client plan. Services consist primarily of counseling and education about addiction-related problems. Services can be provided by a certified counselor in any appropriate setting in the community.





Intensive Outpatient Treatment Services include the same components as Outpatient Services. The increased number of hours of service are the main difference.

#### • Partial Hospitalization

Partial Hospitalization services feature 20 or more hours of clinically intensive programming per week, as specified in the member's treatment plan. Partial hospitalization programs typically have direct access to psychiatric, medical, and laboratory services, and are to meet the identified needs which warrant daily monitoring or management but which can be appropriately addressed in a structured outpatient setting.

Partial Hospitalization services are similar to Intensive Outpatient Treatment services, with the increase in number of hours and the additional access to medical services being the main difference.

#### Residential Treatment (subject to authorization by the county)

Residential Treatment is a non-institutional, 24-hour non-medical, short-term residential program that provides rehabilitation services to members with a SUD diagnosis when determined as medically necessary and in accordance with an individualized treatment plan. Each member shall live on the premises and shall be supported in their efforts to restore, maintain and apply interpersonal and independent living skills and access community support systems. Providers and residents work collaboratively to define barriers, set priorities, establish goals, create treatment plans, and solve SUD related problems. Goals include sustaining abstinence, preparing for relapse triggers, improving personal health and social functioning, and engaging in continuing care.

Residential services require prior authorization by the county plan. Each authorization for residential services can be for a maximum of 90 days for adults and 30 days for youth. Only two authorizations for residential services are allowed in a one-year-period. It is possible to have one 30-day extension per year based on medical necessity. Pregnant women can receive residential services through the last day of the month that the 60th day after delivery occurs. Early Periodic Screening, Diagnosis, and Treatment (EPSDT) eligible members (under the age of 21) will not have the authorization limits described above as long as medical necessity establishes the need for ongoing residential services.

Residential Services includes intake and assessment, treatment planning, individual counseling, group counseling, family therapy, collateral services, member education, medication services, safeguarding medications (facilities will store all resident medication and facility staff members may assist with resident's self-administration of medication), crisis intervention services, transportation (provision of or arrangement for transportation to and from medically necessary treatment) and discharge planning.





#### Withdrawal Management

Withdrawal Management services are provided when determined as medically necessary and in accordance with an individualized client plan. Each member shall reside at the facility if receiving a residential service and will be monitored during the detoxification process. Medically necessary habilitative and rehabilitative services are provided in accordance with an individualized client plan prescribed by a licensed physician, or licensed prescriber and approved and authorized according to the State of California requirements.

Withdrawal Management Services include intake and assessment, observation (to evaluate health status and response to any prescribed medication), medication services, and discharge planning.

#### Opioid Treatment

Opioid (Narcotic) Treatment Program (OTP/NTP) services are provided in NTP licensed facilities. Medically necessary services are provided in accordance with an individualized client plan determined by a licensed physician or licensed prescriber, and approved and authorized according to the State of California requirements. OTPs/NTPs are required to offer and prescribe medications to members covered under the DMC-ODS formulary including methadone, buprenorphine, naloxone, and disulfiram.

A member must receive at minimum 50 minutes of counseling sessions with a therapist or counselor for up to 200 minutes per calendar month, although additional services may be provided based on medical necessity.

Opioid Treatment Services include the same components as Outpatient Treatment Services, with the inclusion of medical psychotherapy consisting of a face-to-face discussion conducted by a physician on a one-on-one basis with the member.

#### Medication Assisted Treatment

Medication Assisted Treatment (MAT) Services are available outside of the OTP clinic. MAT is the use of prescription medications, in combination with counseling and behavioral therapies, to provide a whole-person approach to the treatment of SUD. Providing this level of service is optional for participating counties.

MAT services include the ordering, prescribing, administering, and monitoring of all medications for SUD. Opioid and alcohol dependence, in particular, have well established medication options. Physicians and other prescribers may offer medications to members covered under the DMC-ODS formulary including buprenorphine, naloxone, disulfiram, Vivitrol, Acamprosate, or any FDA approved medication for the treatment of SUD.





#### Recovery Services

Recovery Services are important to the member's recovery and wellness. The treatment community becomes a therapeutic agent through which members are empowered and prepared to manage their health and health care. Therefore, treatment must emphasize the member's central role in managing their health, use effective self-management support strategies, and organize internal and community resources to provide ongoing self-management support to members.

Recovery Services include individual and group counseling; recovery monitoring/substance abuse assistance (recovery coaching, relapse prevention, and peer-to-peer services); and case management (linkages to educational, vocational, family supports, community-based supports, housing, transportation, and other services based on need).

#### Case Management

Case Management Services assist a member to access needed medical, educational, social, prevocational, vocational, rehabilitative, or other community services. These services focus on coordination of SUD care, integration around primary care especially for members with a chronic SUD, and interaction with the criminal justice system, if needed.

Case Management Services include a comprehensive assessment and periodic reassessment of individual needs to determine the need for continuation of case management services; transitions to higher or lower levels of SUD care; development and periodic revision of a client plan that includes service activities; communication, coordination, referral and related activities; monitoring service delivery to ensure member access to service and the service delivery system; monitoring the member's progress; and, member advocacy, linkages to physical and mental health care, transportation and retention in primary care services.

Case management shall be consistent with and shall not violate confidentiality of any member as set forth in Federal and California law.

#### Physician Consultation

Services include DMC physicians' consulting with addiction medicine physicians, addiction psychiatrists or clinical pharmacists. Physician consultation services are not with DMC-ODS beneficiaries; rather, they are designed to assist DMC physicians with seeking expert advice on designing treatment plans for specific DMC-ODS beneficiaries, and to support DMC providers with complex cases which may address medication selection, dosing, side effect management, adherence, drug-drug interactions, or level of care considerations.





## **Eligibility for Marin County Substance Use Services**

#### **Establishing Eligibility for Services - Step 1**

The benefit package available within Marin County's Organized Delivery System is for Marin residents who are considered part of the safety net population. Unless otherwise specified in the contract with Marin County, reimbursement shall only be provided to individuals that meet the following criteria:

- Must be a resident of Marin County; and
- Must be a Marin County Medi-Cal Beneficiary; or
- Marin County Low Income Uninsured (<138% FPL).</li>

For **individuals eligible for Marin Medi-Cal**—but not yet enrolled—Providers shall work with the client to assist in obtaining benefits. Provider staff shall work with the client directly or engage the applicable Recovery Coach/Care Manager to ensure that the eligibility process commences within 14 calendar days from admission to services.

For individuals not eligible for either Marin Medi-Cal or the Marin County Low Income Uninsured threshold (e.g. individuals that exceed the income threshold for Medi-Cal or have commercial insurance), Providers may serve these individuals and seek sliding scale reimbursement directly from the client. The fee shall be based on the sliding fee scale approved by the County Alcohol and Drug Administrator. BHRS is not responsible for reimbursement for the services for these clients.

BHRS is also not responsible for reimbursement for services provided to **out-of-county Medi-Cal beneficiaries** (excluding courtesy dosing provided in accordance with CCR Title 9). By July 1, 2017, all beneficiaries should have been transitioned to care in their home county or Providers should have negotiated agreements with the County of Responsibility. Prospective beneficiaries requesting services should be referred to their home county. Additional information can be found at the following links: <a href="DHCS Information Notice 17-036">DHCS Information Notice 17-036</a> and <a href="County FAQ on Working with Out of County Beneficiaries">County Beneficiaries</a>.

No one shall be denied service based solely on inability to pay and with the exception of beneficiaries with a Share of Cost, Medi-Cal should be considered payment in full.

## **Medical Necessity Criteria for Coverage of Substance Use Treatment Services - Step 2**

In order to claim for services through contracts with the County of Marin, individuals must meet the following criteria:

#### Adults (Age 21+ years)

 Must have at least one diagnosis from the Diagnostic and Statistical Manual of Mental Disorders V (DSM-V) for a Substance-Related and Addictive Disorder with the exception of Tobacco-Related Disorders and Non-Substance-Related Disorders;





 Must meet the American Society of Addiction Medicine (ASAM) definition of medical necessity for services based on the ASAM Criteria

#### Youth (12-17 years) and Young Adults (18-20 years)

- Must have at least one diagnosis from the Diagnostic and Statistical Manual of Mental Disorders V (DSM-V) for a Substance-Related and Addictive Disorder with the exception of Tobacco-Related Disorders and Non-Substance-Related Disorders; or be assessed to be at risk for developing a SUD (for youth under 21).
- If applicable, must meet the ASAM adolescent treatment criteria. Note that beneficiaries under the age of 21 are eligible to receive Medicaid services pursuant to the Early Periodic Screening, Diagnostic and Treatment (EPSDT) mandate.

#### Determination of Eligibility will be performed as follows:

- Providers shall verify the Medi-Cal eligibility of each beneficiary for each month of service prior to billing for Drug/Medi-Cal services to that beneficiary for that month. Medi-Cal eligibility verification should be performed prior to rendering service, in accordance with and as described in the DHCS's DMC Provider Billing Manual. [State-County Intergovernmental Agreement, Exhibit A, Attachment I]. For additional information, please refer to the <a href="DHCS DMC Billing Manual">DHCS DMC Billing Manual</a> and <a href="County FAQ">County FAQ</a> on <a href="Verifying Medi-Cal Eligibility">Verifying Medi-Cal Eligibility</a>.
- The initial medical necessity determination for the DMC-ODS benefit must be performed through a face-to-face review or telehealth by a Medical Director, licensed physician, or Licensed Practitioner of the Healing Arts (LPHA). After establishing a diagnosis, the ASAM Criteria will be applied to determine placement into the level of assessed services. Note: Staff performing assessments must complete the two e-learning ASAM modules: "ASAM Multidimensional Assessment" and "From Assessment to Service Planning and Level of Care". For More information, contact County Contract Manager.
- Unless otherwise specified, medical necessity qualification for ongoing receipt of DMC-ODS is determined at least every six months through the reauthorization process for individuals determined by the Medical Director, licensed physician or LPHA to be clinically appropriate; except for NTP services which will require reauthorization annually.

## **Access to Substance Use Treatment Services**

#### **How to Access Substance Use Treatment Services**

Beneficiaries may access services in a variety of ways including contacting a network provider, a community partner or contacting the Beneficiary Access Line. Marin County's Beneficiary Access Line is a functional 24/7 County-operated Integrated Mental Health and Substance Use toll free Access Line (1-888-818-1115), is ADA-compliant (TTY) and accessible in prevalent non-English languages.

Beneficiaries are able to locate the Access Line telephone number from a variety of sources, including the County of Marin website and printed outreach materials. Access is staffed with





LPHAs who conduct an initial screening for substance use disorders and provide direct referrals to DMC-ODS contracted or County-operated providers.

Beneficiaries referred to a Provider or who self-selects a provider without a referral from Access, are screened and if indicated, are assessed by an LPHA—or by a certified/registered alcohol and drug counselor and reviewed by an LPHA—using the ASAM Criteria. Beneficiaries are offered admission to the appropriate ASAM level of care. If after assessing the beneficiary, the provider determines them to be more appropriate for an ASAM level of care not offered by the provider, then the provider will immediately refer the beneficiary to another DMC-ODS service that provides the indicated ASAM level of care or to the Access Line, and will document to the referral.

#### **Residential Authorizations**

The Marin County Access line (Telephone: 1-888-818-1115 / Fax: 415-223-9647) is a point of entry for both mental health and substance use services including screening, assessment, referral and treatment authorizations. It is the responsibility of BHRS staff to ensure that access to specialty mental health and substance use services are conducted in the least restrictive way.

The Access Team is responsible for authorizing residential substance use treatment services for anyone potentially being billed for through a contract with the County of Marin, including: Marin County Medi-Cal beneficiaries; Marin County low income uninsured individuals; and individuals from any California County seeking Perinatal Residential services.

In compliance with the DMC-ODS STCs, it is BHRS policy to respond to all submitted Treatment Authorization Requests (TARs) within 24 hours of receipt. Residential providers are required to send the TAR and documentation supporting medical necessity for the recommended level of service so that the Access clinical staff can review and authorize treatment. TARs can only be reviewed and authorized by LPHAs.

#### **After-hours Authorization**

In order to prevent delays in admissions to treatment, BHRS on-call clinical staff will provide authorization within 24 hours of the request for eligible TARs submitted on a County holiday or weekend.

#### **Initial Authorization**

Requests for initial authorization are to be submitted to BHRS Access on the Treatment Authorization Request (TAR) - *Initial Authorization* form at least 24 hours before the scheduled admission date. A copy of the ASAM Continuum or County-provided ASAM assessment tool shall be attached to the TAR. Initial authorizations can be granted for up to 30 days for youth and up to 45 days for adults. An approved authorization allows for a client to be admitted to treatment within seven (7) calendar days of the approval date. Admissions later than seven (7) calendar days from the authorization date will be considered on a case-by-case basis and will require written approval by the County.





#### **Continuing Authorization**

Requests for continuing authorizations are to be submitted to BHRS Access on the TAR – Continuing Authorization form seven (7) calendar days before to the expiration date of the current authorization. A copy of the re-assessment (ASAM Continuum or County-provided ASAM assessment tool) shall be attached to the TAR. For youth, a one-time extension for up to 30 days on an annual basis can be granted. For adults, continuing authorizations can be granted for up to an additional 45 days, for a total length of stay not to exceed 90 days. A one-time extension for up to 30 days on an annual basis can be granted, for a total length of stay not to exceed 120 days. Only two, non-continuous, 90-day regimens will be authorized in a one-year period. Perinatal, EPSDT and criminal justice clients may receive a longer length of stay based on medical necessity.

#### Additional Information - TARs

For a TAR to be considered eligible for authorization, the individual must be a Marin County Medi-Cal beneficiary or Marin County low-income (<138% FPL) uninsured resident and meet medical necessity and the ASAM criteria for the proposed level of care. Payment and submission of claims to Medi-Cal are subject to a beneficiary's eligibility and services being rendered and documented in accordance with Title 22, ASAM diagnostic and dimensional criteria and the DMC-ODS STCs.

If BHRS Access responds to a TAR as "pending", Contractor shall respond within 24 hours of the request for additional information.

### **Timely Access Standards**

DMC-ODS providers, except for OTP Providers, shall aim to perform a face-to-face assessment with eligible beneficiaries within five (5) business days, but shall be no later than ten (10) business days from the first contact. OTP Providers shall perform a face-to-face assessment for eligible beneficiaries with three (3) business days from the first contact.

Providers shall have a documented system for monitoring and evaluating accessibility of care, including a system for addressing problems that develop regarding waiting times and appointments. Providers shall also have hours of operation during which services are provided to Medi-Cal beneficiaries that are no less than the hours of operation during which the provider offers services to non-Medi-Cal beneficiaries [State-County Contract, Exhibit A, Attachment I, Part V; State-County Intergovernmental Agreement, Exhibit A, Attachment I; MHSUS-ADP-18]

In the unlikely event that admission to treatment shall be greater than 10 business days, due to non-budget related capacity issues, DMC-ODS providers shall provide interim services and seek to link the beneficiary with another provider offering the appropriate ASAM Level of Care. In addition to providing interim services within the required timeframe, the program shall also provide the beneficiary with referrals to other programs that have immediate availability.

Timely access data—including date of initial contact, date of first offered appointment and date of scheduled assessment—shall be entered into Marin WITS within seven (7) days of the intake.





The Table below outlines applicable performance standards:

| Mandatory Performance Measure   | Target   |
|---|--|
| <b>Routine</b> : Number of days from initial contact to first face-to-face appointment [should track first offered and first scheduled; should also track time from ASAM Assessment to Admission] | Within 3 business days for OTP; Within 10 business days for other ODS services |
| <b>Urgent*</b> : First face-to-face visit within 48 hours of the request for urgent conditions.   | Within 48 hours  |
| Emergency*: Access to emergency medical care for medical conditions   | Immediate  |
| First Dose of NTP: Timeliness of services to the first dose of NTP  | Within 3 business days   |
| MAT Evaluation: Number of days for face-to-face Medication<br>Assisted Treatment appointment for beneficiaries with alcohol or<br>opioid disorders  | Within 10 business days from identification                                    |
| After Hours Care: Access to afterhours care   | 100% of DMC-ODS<br>Providers   |
| <b>Follow-Up</b> : Number of days to treatment services following an acute level of care (withdrawal management, residential or hospital)   | Within 7 calendar days   |
| <b>Transitions Between Levels of Care:</b> Transitions between levels of care for beneficiaries re-assessed as needing a different level of care  | Within 10 days of the reassessment   |
| <b>Residential Authorization:</b> Time for the County Access Line to respond to TARs and time for the Residential Provider to respond to County Access Line Pending TARs                          | Within 24 hours  |
| Initiation: Percent of clients in treatment who initiate a second treatment visit/day within 14 days of screening for a SUD   | 75%  |
| <b>Engagement</b> : Percent of clients in treatment initiating treatment who then engage in at least two treatment visits/days within the next 30 days  | 75%  |
| Satisfaction: Percent of beneficiaries completing the Treatment Perceptions Survey reported being satisfied (3.5 out of 5.0) with the location and time of services                               | 75%  |





\*Urgent: Urgent care means care necessary for a condition that is not life threatening but which requires treatment that cannot wait for a regularly scheduled clinical appointment because of the prospect of the condition worsening without timely medical or behavioral health intervention

\*Emergency: An emergency medical condition is present when you have symptoms that cause severe pain or a serious illness or an injury, which a prudent layperson (a careful or cautious non-medical person) believes, could reasonably expect without medical care could:

- Put your health in serious danger, or
- If you are pregnant, put your health or the health of your unborn child in serious danger,
- Cause serious harm to the way your body works, or
- Cause serious damage to any body organ or part.

## **Role of Provider in Beneficiary Protections**

#### **Beneficiary Informing Materials**

Contractor shall make available at initial contact, and shall notify beneficiaries of their right to request and obtain the all Beneficiary Informing Material at least once a year and thereafter upon request: <a href="Materials Beneficiary Booklet and Provider Directory">DMC-ODS Beneficiary Booklet and Provider Directory</a>. The County will produce required beneficiary informational materials in English and Spanish. Contractor shall request materials from the County, as needed.

## **Grievance and Appeals**

Contractor shall post notices explaining grievance, appeal and expedited appeal processes in all program sites, as well as make available forms and self-addressed envelopes to file grievances, appeals and expedited appeals without having to make a verbal or written request to anyone. The County will produce required beneficiary informing materials in English and Spanish. Contractor shall request materials from the County, as needed. Refer to 42 CFR 438.10(g)(2)(xi) for additional information about the grievance and appeal system.

Contractor shall maintain, and provide to County upon request, the complaint procedure to be utilized in the event that there is a complaint regarding services provided under this Agreement. Contractor shall ensure that recipients of service under this Agreement have access to and are informed of Contractor's complaint procedure.

## **Notice of Adverse Beneficiary Determination (NOABD)**

A formal communication of any action and consistent with 42 CFR 438.404 and 438.10. Contractor shall have written procedures to ensure compliance with the following:

 Contractor shall request consent from beneficiaries for the County of Marin to issue a NOABD to the address on record should covered services be reduced, denied, modified, delayed or terminated. Should a beneficiary refuse to consent, then the Contractor is responsible for issuing any applicable NOABD directly to the beneficiary.





#### Section I. Overview and Eligibility for Services

Contractor shall immediately notify the County in writing of any actions that may require
a NOABD be issued, including, but not limited to: 1) not meeting timely access standards;
 2) not meeting medical necessity for any substance use disorder treatment services; and
 3) terminating or reducing authorized covered services. [BHRS-33]



## **SECTION II. CLINICAL PRACTICE**







## Service Delivery Regulations and Requirements

The Practice Guidelines represent a combination of local, State and Federal regulations, standards and guidelines, as well as best practices for effectively treating substance use disorders. Contracted and County-operated providers are expected to adhere to all applicable regulations, standards, guidelines, policies and practices.

#### **Overview of Regulations**

Site Certification(s)

Providers in Marin County's DMC-ODS are required to obtain and maintain the following, as applicable:

- Drug Medi-Cal Certification
- AOD License (NTP, Residential)
- DHCS ASAM Designation (Residential)

Re-Certification Events: Contractor shall notify DHCS and the County Alcohol and Drug Administrator within the timeframes noted in the State Contract, in addition to applicable federal, state and local regulations and policies of any triggering recertification events, such as change in ownership, change in scope of services, remodeling of facility, or change in location. [State-County Contract, Exhibit A, Attachment I; MHSUS-ADP-18]

#### Drug/Medi-Cal: CCR Title 22, CCR Title 9 and DMC-ODS STCs

<u>Title 22</u> and <u>Title 9</u> contain most of the regulatory requirements for delivering services within the substance use treatment system. As Marin County opted in to the Drug/Medi-Cal Organized Delivery System (DMC-ODS) Waiver, providers are also held to the <u>Standard Terms and Conditions (STCs)</u>. Where there is conflict between Title 22, Title 9 and the DMC-ODS STCs, the STCs override Title 22 and Title 9. However, Title 22 and Title 9 remain as the regulatory requirements in all other areas that are not in conflict with or are silent in the DMC-ODS STCs.

#### Managed Care Regulations - 42 CFR Part 438

As part of opting into the DMC-ODS, Marin County became a managed care plan and subject to applicable <u>Medi-Cal Managed Care Regulations</u>.

## **State/County Contracts**

#### DHCS/County DMC-ODS Intergovernmental Agreement

The County receives funding from DHCS pursuant to an annual contracting arrangement whereby the County contractually obligate any of its sub-contractors to also comply with applicable requirements. Refer to this link for the <a href="Intergovernmental Agreement for DMC-ODS Services">Intergovernmental Agreement for DMC-ODS Services</a>.

#### Substance Abuse Prevention and Treatment Block Grant (SABG)

The County receives funding from DHCS pursuant to an annual contracting arrangement whereby the County contractually obligate any of its sub-contractors to also comply with applicable





requirements. The SABG contract includes the continuum of prevention, intervention, treatment and recovery support services. Refer to this link for the SABG Contract for Substance Use Services.

### **Required Standards and Guidelines**

#### Alcohol and Drug Program Certification Standards

BHRS requires that all Contracted substance use treatment programs to be certified by the California Department of Health Care Services and comply with applicable <u>Alcohol and Drug Program Certification Standards</u>.

#### Drug/Medi-Cal Certification Standards

Substance use treatment program participating in the Drug/Medi-Cal program are required to comply with the applicable <u>Drug/Medi-Cal Certification Standards</u>.

#### Minimum Quality Drug Treatment Standards for SABG

All substance use treatment providers that have any SABG funding are required to comply with the Minimum Quality Treatment Standards.

#### Culturally and Linguistically Appropriate Services (CLAS) Standards

The national <u>Culturally and Linguistically Appropriate Services (CLAS) Standards</u> which are intended to advance health equity, improve quality, and help eliminate health care disparities by establishing a blueprint for health and health care organizations. It is intended to inform, guide, and facilitate required and recommended practices related to culturally and linguistically appropriate health services (National Standards for Culturally and Linguistically Appropriate Services in Health Care Final report, OMH, 2001).

To ensure access to quality care by diverse populations, each service provider receiving funds from the State-County Contract shall adopt CLAS national standards (2016 version). [State-County Contract, Exhibit A, Attachment I, Part I; MHSUS-ADP-05; 42 CFR 438.206(c)(2)]

#### **Perinatal Guidelines**

Perinatal programs shall comply with the <u>Perinatal Services Network Guidelines</u> FY 2016-17 until such time new Perinatal Services Network Guidelines are established and adopted. [State-County Contract, Exhibit A, Attachment I, Part IV; MHSUS-ADP-10]

#### **Adolescent Guidelines**

Contractor shall follow the guidelines in The State of California <u>Youth Treatment Guidelines</u> in developing and implementing adolescent treatment programs until such a time a new Youth Treatment Guidelines are established and adopted. [State-County Contract, Exhibit A, Attachment I, Part 1V; MHSUS-ADP-02]





#### Sober Living Standards

Sober Living Environments (SLEs) shall comply with all components under the Marin County Health and Human Services <u>Guidelines for Sober Living Environments</u> until such a time a new Sober Living Environment Standards are established and adopted. [PSC: Exhibit A – Scope of Services]

#### **Residential Guidelines**

Residential programs shall comply with all requirements under DMC-ODS. [PSC: <u>Exhibit A – Scope</u> of Services]

#### Primary Prevention – Strategic Prevention Framework

The Prevention Provider will provide activities and initiatives that follow the guidelines of SABG Prevention Set-aside funds and the guidelines of the Strategic Prevention Framework.

The Prevention Provider will use primary prevention funds for individual-level, community-level and environmental prevention strategies and evaluation measures to evaluate all programs. Environmental strategies incorporate prevention efforts aimed at changing or influencing community conditions, standards, institutions, structures, systems, and policies. Coalitions should select strategies that lead to long-term outcomes. Increasing fines for underage drinking, moving tobacco products behind the counter, not selling cold, single-serving containers of beer in convenience stores and increasing access to treatment services by providing Spanish-speaking counselors are all examples of environmental strategies.

The Prevention Provider will follow the follow the Strategic Prevention Framework (SPF) with the following elements:

- Assessment: Collect data to define problems, resources, and readiness within a geographic area to address needs and gaps.
- Capacity: Mobilize and/or build capacity within a geogrpahic area to address needs.
- Planning: Develop a comprehensive strategic approach that includes policies, programs, and practices creating a logical, data-driven plan to address problems identified in the assessment.
- Implementation: Implement evidence-based prevention strategies, programs, policies, and practices.
- Evaluation: Measure the impact of the SPF and the implementation of strategies, programs, policies and practices.

SPF also includes two guiding principles:

- Cultural competence: The ability to interact effectively with members of diverse population.
- Sustainability: The process of achieving and maintaining long-term results.





### **Evidence Based and Best Practices**

#### **Evidence Based Practices (EBP)**

As a requirement of the Marin County DMC-ODS, each provider must implement—and assess fidelity to—at least two of the following Evidenced Based Practices:

- Motivational Interviewing: A client-centered, empathic, but directive counseling strategy
  designed to explore and reduce a person's ambivalence toward treatment. This approach
  frequently includes other problem solving or solution-focused strategies that build on
  clients' past successes.
- **Cognitive-Behavioral Therapy**: Based on the theory that most emotional and behavioral reactions are learned and that new ways of reacting and behaving can be learned.
- **Relapse Prevention**: A behavioral self-control program that teaches individuals with substance addiction how to anticipate and cope with the potential for relapse. Relapse prevention can be used as a stand-alone substance use treatment program or as an aftercare program to sustain gains achieved during initial substance use treatment.
- **Trauma-Informed Treatment**: Services must take into account an understanding of trauma, and place priority on trauma survivors' safety, choice and control.
- Psycho-Education: Psycho-educational groups are designed to educate clients about substance abuse, and related behaviors and consequences. Psycho-educational groups provide information designed to have a direct application to clients' lives; to instill selfawareness, suggest options for growth and change, identify community resources that can assist clients in recovery, develop an understanding of the process of recovery, and prompt people using substances to take action on their own behalf.

#### Tips for Ensuring Fidelity of EBPs

Does the program have an EBP treatment fidelity plan? The plan should include:

- A method for ensuring that treatment "dose" (intensity, frequency, length of contact) is consistent among clients with similar diagnoses.
- A protocol for the delivery of EBP that outlines accurate and consistent delivery.
- A method for determining that the clinicians are adhering to the protocol.
- A method for identifying areas for course correction (drift) and provide an outline for implementation of course correction.
- A training schedule and description of the training for clinicians (through documentation).
   Required elements to ensure they have been satisfactorily trained to deliver the intervention are:
  - Standardization of training upon hire: ensuring all clinicians are trained in the same manner.
  - Skill acquisition: should include didactic sessions, modeling, use of video materials, training manuals, role plays.
  - Measurement of clinician skill: determining performance criteria that include a rating for a "demonstrated understanding of key concepts" and documentation of review.





 Maintenance of skill over time: continued training and EBP documented with performance reviews.

Are regularly and randomly performed, documented, assessments kept by the program and made available to auditors? The assessment should include:

- A list of current scripted intervention protocols.
- A list of current treatment manuals that are utilized.
- A list of current staff training for each EBP implemented.
- A Performance review rating(s) for each clinician's understanding of EBP (self-assessment tool).
- A Self-report anonymous questionnaire from client's (a way to measure a client's comprehension: understand and perform treatment related behavioral skills and cognitive strategies) also referred to as "Treatment Receipt."
- Qualitative interviews with clinician and clients alike.
- Direct observation of a clinician from a performance reviewer.

#### American Society of Addiction Medicine Criteria (ASAM)

To ensure that beneficiaries have access to the full continuum of care for substance use disorder treatment, the array of benefits offered through the DMC-ODS Waiver are modeled after the ASAM criteria, which is the most widely used and comprehensive set of guidelines for placement, continued stay and transfer/discharge of patients with addiction and co-occurring conditions. [Reference: DHCS ASAM Fact Sheet, 10/2015).

#### **DMC-ODS Provider Requirements:**

- ASAM Designation: DMC-ODS residential treatment providers must receive a DHCS issued ASAM designation prior to providing services to beneficiaries.
- ASAM Training: At minimum, providers and staff conducting assessments are required to complete the two e-Training modules entitled "ASAM Multidimensional Assessment" and "From Assessment to Service Planning and Level of Care".
- ASAM Tool: All providers shall use the County-provided ASAM Assessment Tools for Adults and Adolescents, unless another tool has been approved by the County.
- ASAM Level of Care Determinations: The initial medical necessity determination, for an individual to receive a DMC-ODS benefit, shall be performed through a face-to face review or telehealth by a Medical Director or a LPHA. After establishing a diagnosis and documenting the basis for diagnosis, the ASAM Criteria shall be applied by the diagnosing individual to determine placement into the level of assessed services. If the facility does not provide the indicated level of care, then the DMC-ODS provider shall link the beneficiary to another agency that offers that level of care.
- **ASAM Re-Assessments:** Re-assessments are required to be completed at a minimum of every 30 days for Adolescent Residential, 45 days for Adult Residential, annually for NTP and every 90 days for other DMC-ODS services, unless there are significant changes warranting more frequent re-assessments (ex: achieving treatment plan goals, lack of





progress on treatment plan goals, identification or intensification of new problems that cannot be addressed at current level of care, and at the request of the beneficiary).

• **ASAM Data:** All ASAM data shall be entered into Marin WITS within seven (7) days of the assessment.

#### • Performance Standards:

- 100% of beneficiaries participated in an assessment using ASAM dimensions and are provided with a recommendation regarding ASAM level of care
- At least 70% of beneficiaries admitted to treatment do so at the ASAM level of care recommended by their ASAM assessment
- At least 80% of beneficiaries are re-assessed within 90 days of the initial assessment

#### **Medication-Assisted Treatment within All Levels of Care**

Research has shown that a combination of FDA-approved medications and behavioral counseling is more effective for treating substance use disorders than either intervention alone. As such, Medication Assisted Treatments (MAT) need to be part of a comprehensive approach to treating substance use disorders and beneficiaries with opioid or alcohol use disorders should be provided options for access MAT, as appropriate.

As noted by SAMHSA, "a common misconception associated with MAT is that it substitutes one drug for another. Instead, these medications relieve the withdrawal symptoms and psychological cravings that cause chemical imbalances in the body. MAT programs provide a safe and controlled level of medication."

FDA-Approved MATs for Opioid Use Disorders include\*:

- Methadone Methadone is a clinic-based opioid agonist that does not block other narcotics while preventing withdrawal while taking it; daily liquid dispensed only in specialty regulated clinics.
- Naltrexone Naltrexone is an office-based non-addictive opioid antagonist that blocks the effects of other narcotics; daily pill or monthly injection.
- Buprenorphine Buprenorphine is an office-based opioid agonist/ antagonist that blocks other narcotics while reducing withdrawal risk; daily dissolving tablet, cheek film, or 6month implant under the skin.

FDA-Approved MATs for Alcohol Use Disorders include\*:

- Disulfiram Disulfiram is a medication that treats chronic alcoholism. It is most effective
  in people who have already gone through detoxification or are in the initial stage of
  abstinence. This drug is offered in a tablet form and is taken once a day.
- Acamprosate Acamprosate is a medication for people in recovery who have already stopped drinking alcohol and want to avoid drinking. It works to prevent people from drinking alcohol, but it does not prevent withdrawal symptoms after people drink alcohol. It has not been shown to work in people who continue drinking alcohol, consume illicit drugs, and/or engage in prescription drug misuse and abuse. The use of Acamprosate





- typically begins on the fifth day of abstinence, reaching full effectiveness in five to eight days. It is offered in tablet form and taken three times a day, preferably at the same time every day.
- Naltrexone When used as a treatment for alcohol dependency, naltrexone blocks the
  euphoric effects and feelings of intoxication. This allows people with alcohol addiction to
  reduce their drinking behaviors enough to remain motivated to stay in treatment, avoid
  relapses, and take medications.

\*Source: SAMSHA

#### **DMC-ODS Provider Requirements**

- Providers shall have procedures for linkage/integration for beneficiaries requiring medication assisted treatment for substance use disorders.
- Provider staff will regularly communicate with physicians of beneficiaries who are prescribed these medications unless the beneficiary refuses to consent a 42 CFR, Part 2 compliant release of information for this purpose.
- Providers—include Sober Living Environments—may not discriminate based on a beneficiary's use of prescribed Medication Assisted Treatment.

#### Performance Standard:

- At least 80% of beneficiary records for individuals receiving Medication Assisted Treatment for substance use disorders will have 42 CFR compliant releases in place to coordinate care
- At least 80% of beneficiaries with a primary opioid or alcohol use disorder will be linked to an MAT assessment and/or MAT services

#### **Coordination of Care**

A fundamental premise of the DMC-ODS is that beneficiaries receive whole person client-centered care. To achieve this vision, each beneficiary in the DMC-ODS shall have an assigned Care Coordinator, which can either be provided through a Recovery Coach/Care Manager or directly by the treating provider. Coordination of Care responsibilities focus on:

- Ensuing successful transitions between ASAM levels of care, including linking a beneficiary to services if assessed at a level of care not offered by the provider
- Ensuing beneficiaries are linked to other services, including mental health, primary care and Medication Assisted Treatment
- Ensuring effective communication between treating providers and other systems of care, such as Probation or Social Services
- Providing navigation support for clients and family members
- Facilitating and tracking referrals between systems of care

#### **DMC-ODS Provider Requirements**

 Provide all care coordination responsibilities noted above either directly, or if unable to provide directly, then engage a Recovery Coach/Care Coordinator to oversee all case management and care coordination responsibilities





- Ensure 42 CFR Part 2 compliant releases are in place in order to coordinate care
- Link clients with mental health, primary care and MAT, as indicated
- Provide or arrange for transportation, as needed, to medically necessary services, such as treatment visits and appointments referenced in treatment plans
- Appropriate Case managers/clinicians from both the discharging and admitting provider agencies shall be responsible to facilitate the transition between levels of care, including assisting in scheduling an intake appointment, ensuring a minimal delay between discharge and admission at the next level of care, providing transportation as needed, and documenting all information in Marin WITS
- Follow-up with beneficiaries within seven (7) days of discharge from DMC-ODS services to ensure successful linkage with the next level of care

#### Performance Standard:

- There is documentation of physical health and mental health screening in 100% of beneficiary records
- At least 80% of beneficiaries have 42 CFR compliant releases in place to coordinate care with physical health providers
- At least 70% of beneficiary records have documentation of coordination with physical health
- At least 80% of beneficiaries engaged for at least 30 days will have an assigned Primary Care Provider
- At least 80% of beneficiaries who screen positive for mental health disorders have 42 CFR compliant releases in place to coordinate care with mental health providers
- At least 70% of beneficiary records for individuals who screen positive for mental health disorders have documentation of coordination with mental health (e.g. referral for mental health assessment or consultation with existing providers).
- Transitions between levels of care shall occur within five (5) and no later than 10 business days from the time of re-assessment indicating the need for a different level of care.
- At least 80% of beneficiaries have a documented follow-up encounter within seven (7) days of discharge from DMC-ODS services





## **Staffing Regulations and Requirements**

### **Required Staff Trainings**

Providers are required to have all applicable staff adhere to the DMC-ODS STCs, 42 CFR Section 438, Title 22, Title 9, State/County contracts and local policies by participation in following trainings as outlined below:

| Training                       | Timeframe                        | Attendees                |  |  |  |
|--------------------------------|----------------------------------|--------------------------|--|--|--|
| Required Training              |                                  |                          |  |  |  |
| Cultural Competency            | Annually                         | All Providers            |  |  |  |
| Oath of Confidentiality        | Sign at Hire and Annually        | All Providers            |  |  |  |
| Non-Discrimination             | At Hire and thereafter as needed | All Providers            |  |  |  |
| Title 22, Drug/Medi-Ca;        | Annually                         | DMC-ODS Providers        |  |  |  |
| 42 CFR Part 2, HIPAA, Law &    | Annually                         | DMC-ODS Providers        |  |  |  |
| Ethics, Information Privacy &  |                                  |                          |  |  |  |
| Security                       |                                  |                          |  |  |  |
| ASAM E-Modules 1 and 2         | Prior to Performing              | DMC-ODS Providers        |  |  |  |
|                                | Assessments                      |                          |  |  |  |
| CPR and First Aid              | As outlined in Regulation        | DMC-ODS Providers        |  |  |  |
| Marin WITS and CalOMS          | Prior to Use of Marin WITS and   | DMC-ODS Providers        |  |  |  |
| Treatment                      | thereafter as needed             |                          |  |  |  |
| Five hours of CEU in Addiction | Annually                         | DMC-ODS LPHAs            |  |  |  |
| Medicine                       |                                  |                          |  |  |  |
| PPSDS – Prevention Data        | Prior to Use and thereafter as   | All Prevention Providers |  |  |  |
|                                | needed                           |                          |  |  |  |
| Recommended Training           |                                  |                          |  |  |  |
| ASAM A, B, C Training          | As needed                        | DMC-ODS Providers        |  |  |  |
| Medication Assisted Treatment  | Annually                         | All Providers            |  |  |  |

## **DMC-ODS Provider Credentialing**

In addition to responsibilities outlined in the County/Provider Contract Exhibit I and <u>DHCS</u> <u>Information Notice 18-019</u>, which is based on 42 CFR, Part 438.214 DMC-ODS Providers are responsible for performing and documenting the following to ensure that staff are appropriately licensed, registered, waivered and/or certified as required by state and federal law.

#### Required Duties and Documents for Licensed and Certified Providers:

#### • <u>License Verification</u>

Contractor shall ensure that all staff and subcontractors providing services will have all necessary and valid professional certification(s) or license(s) to practice the contracted services. This includes implementing procedures of professional license checks, credentialing and recredentialing, monitoring limitations and expiration of licenses, and ensuring that all providers have a current National Provider Identifier (NPI) through the National Plan and Provider





Enumeration System (NPPES). Contractor shall provide evidence of these completed verifications when requested by County, DHCS or the US Department of Health & Human Services.

#### Counselor Certification

Effective April 1, 2005, any individual providing intake, assessment of need for services, treatment or recovery planning, individual or group counseling to participants, patients, or residents in a DHCS licensed or certified program are required to be certified. In accordance with HSC Section 11833(b)(1), any individual who provides counseling services in a licensed or certified AOD program, except for licensed professionals, must be registered or certified with a DHCS approved certifying organization. Licensed professionals (LCSW, MFT, Psychologist or interns) are not required to be certified.

[Reference: Adoption of Chapter 8 (commencing with Section 13000), and Amendment of Sections 9846, 10125, and 10564, Division 4, Title 9, California Code of Regulations, Health and Safety Code 11833(b)(1), and MHSUDS Information Notice No. 16-058]

If a Provider's license, certification, or registration has lapsed, then they <u>cannot</u> provide any of the treatment services listed above until such a time as their license, certification, or registration becomes active again.

To verify Licensed and Associate level staff visit: <a href="https://search.dca.ca.gov/">https://search.dca.ca.gov/</a>

To verify Certified and Registered level staff visit:

CCAPP: https://ccappcredentialing.org/index.php/verify-credential

CADTP:http://www.cadtp.org/counselors/search.php?term=AYALA&submit=Search

#### • Proof of Continuing Education

As required by Licensing or Certifying Agency and Program

#### • Excluded Provider Check

Contractor shall certify, prior to the execution of the contract, that the Contractor does not employ staff or sub-contractors who are excluded from participation in federally funded health care programs. Providers shall conduct initial and monthly Exclusion & Suspension searches of the following databases and provide evidence of these completed searches when requested by County, CA Department of Health Care Services or the US Department of Health & Human Services.

- www.oig.hhs.gov/exclusions LEIE Federal Exclusions
- o www.sam.gov/portal/SAM GSA Exclusions Extract
- o www.Medi-Cal.ca.gov Suspended & Ineligible Provider List

Contractor shall certify, prior to the execution of the contract that the Contractor does not employ staff or sub-contractors that are on the Social Security Administration's Death Master File. Contractor shall check the following database prior to employing staff or sub-contractors, and provide evidence of these completed searches when requested by County, CA Department of Health Care Services or the US Department of Health & Human Services.

https://www.ssdmf.com/ - Social Security Death Master File





Contractor is required to notify County immediately if they become aware of any information that may indicate their (including employees and subcontractors) potential placement on an exclusions list.

Refer to Section III for a listing of additional documentation required to be maintained in Personnel Files

#### **Eligible DMC-ODS Staff Categories and Definitions**

Licensed Practitioner of the Healing Arts (LPHA) Non-Physician: Professional staff must be licensed, registered, certified, or recognized under California State scope of practice statutes. Professional staff shall provide services within their individual scope of practice and receive supervision required under their scope of practice laws. Non-Physician LPHAs include: Nurse Practitioners, Physician Assistants, Registered Nurses, Registered Pharmacists, Licensed Clinical Psychologist (LCP), Licensed Clinical Social Worker (LCSW), Licensed Professional Clinical Counselor (LPCC), and Licensed Marriage and Family Therapist (LMFT) and licensed-eligible practitioners working under the supervision of licensed clinicians.

**LPHA Physician:** Physicians are a sub-category of the LPHA definition and must be licensed, registered, certified, or recognized under California State scope of practice statutes. Physicians shall provide services within their individual scope of practice.

**Counselors:** "Certified AOD Counselor" means an individual certified by a certifying organization; as defined in Section 13005(a)(2) or 13005(a)(8) of Title 9 of the California Code of Regulations.

**Peers:** Peer-to-peer services are eligible for reimbursement under the DMC-ODS Pilot Program when provided as substance abuse assistance services, as a component of recovery services. The county must submit a training plan to DHCS for approval prior to providing covered peer support services. See Information Notice 17-008 for more information.

**DMC-ODS Staffing Service Categories:** The below grid is designed to identify the different levels of staffing and their associated responsibilities under the DMC-ODS.

[Reference:dhcs.ca.gov/provgovpart/Documents/DMC-ODS Waiver/DMC ODS Staffing FAQ April 2018.pdf]





## **DMC-ODS Staff Service Categories**

Revised March 2018

|  | LPHA Physician | LPHA Non-Physician | Counselor | Peer |
|--|----------------|--------------------|-----------|------|
| PHYSICIAN ONLY   |                |                    |           |      |
| <ul> <li>Physician-to-Physician Consultation</li> <li>DMC physician consulting with addiction medicine physicians, addiction psychiatrists or clinical pharmacists (Note: Counties may contract with one or more physicians or pharmacists to provide consultation services)</li> </ul>  | X              |                    |           |      |
| NTP Medication Psychotherapy:  • Face-to-face discussion conducted by the Medical Director of the NTP/OTP on a one-on-one basis with the patient    DIMA (DIMEGICIAN) AND NON PHYSICIAN)   | х              |                    |           |      |
| LPHA (PHYSICIAN AND NON-PHYSICIAN) Intake and Assessment:  | V              | V                  |           |      |
| Determination of Medical Necessity   | Х              | Х                  |           |      |
| <ul> <li>Medication Services</li> <li>Prescribe and Dispense Medication by staff authorized to provide services within their scope of practice or licensure</li> <li>Buprenorphine, naloxone and disulfiram reimbursed for onsite administration and dispensing at NTP programs</li> <li>Long-acting injectable naltrexone reimbursed for onsite administration</li> <li>Ordering, prescribing, administering, and monitoring of medication assisted treatment reimbursed</li> </ul> | X              | X                  |           |      |





| LPHA + COUNSELOR  |   |   |   |  |
|---|---|---|---|--|
| Intake  | Х | Х | х |  |
| Assessment of Treatment   |   |   |   |  |
| <ul> <li>Development of Client Plan</li> </ul>                          |   |   |   |  |
| <ul> <li>Prepare individualized treatment plan</li> </ul>               |   |   |   |  |
| Counseling  | Х | х | х |  |
| <ul> <li>Individual</li> </ul>  |   |   |   |  |
| <ul> <li>Group (min 2, max 12)</li> </ul>                               |   |   |   |  |
| Family Therapy  | X | х |   |  |
| <ul> <li>Incorporating family into treatment process</li> </ul>         |   |   |   |  |
| Patient Education   | X | x | x |  |
| <ul> <li>Research based education</li> </ul>                            |   |   |   |  |
| Collateral Services   | X | x | x |  |
| <ul> <li>Sessions with therapists to support treatment goals</li> </ul> |   |   |   |  |
| Crisis Intervention Services  | X | x | x |  |
| <ul> <li>Stabilization of beneficiary emergency situation</li> </ul>    |   |   |   |  |
| Discharge / Referral Services   | X | x | x |  |
| <ul> <li>Prepare beneficiary for referral</li> </ul>                    |   |   |   |  |
| <ul> <li>Prepare beneficiary to return to community</li> </ul>          |   |   |   |  |
| <ul> <li>Link to community treatment</li> </ul>                         |   |   |   |  |
| Withdrawal Management Services  | Х | Х | х |  |
| <ul> <li>Monitoring course of withdrawal</li> </ul>                     |   |   |   |  |





| Case Management Services  | Х | х | Х |   |
|---|---|---|---|---|
| <ul> <li>Transferring patient to a higher or lower level of care</li> <li>Development and periodic revision of a client plan that includes service activities</li> <li>Monitoring service delivery to ensure beneficiary access to service and the service delivery system</li> <li>Monitoring the beneficiary's progress</li> <li>Patient advocacy, linkages to physical and mental health care, transportation and retention in primary care services</li> </ul>  |   |   |   |   |
| <ul> <li>Recovery Services</li> <li>Recovery coaching, monitoring via telephone and internet</li> <li>Providing linkages to life skills, employment services, job training, and education services</li> <li>Providing linkages to childcare, parent education, child development support services, family/marriage education;</li> <li>Providing linkages to self-help and support, spiritual and faith-based support</li> <li>Providing linkages to housing assistance, transportation, case management, individual services coordination</li> </ul> | X | X | X |   |
| LPHA + COUNSELOR + PEER   |   |   |   |   |
| Substance Abuse Assistance  • Peer-to-peer services and relapse prevention  | х | х | Х | х |





## **SECTION III. CLINICAL DOCUMENTATION**







## **Clinical Documentation Guidelines**

#### **Overview**

## **Beneficiary File Documentation Requirements**

In addition to the requirements of 22 CCR § 51476(a), the provider shall:

Establish, maintain, and update as necessary, an individual beneficiary record for each beneficiary admitted to treatment and receiving services. Each beneficiary's individual beneficiary record shall include documentation of personal information.

Documentation of personal information shall include all of the following: Information specifying the beneficiary's identifier (i.e., name, number).; Date of beneficiary's birth, the beneficiary's sex, race and/or ethnic background, beneficiary's address and telephone number, beneficiary's next of kin or emergency contact.

Documentation of treatment episode information shall include documentation of all activities, services, sessions, and assessments, including but not limited to: Intake and admission data, treatment plans, progress notes, continuing services justifications, lab orders and results, referrals, counseling notes, discharge plan, discharge summary, authorizations and other relevant treatment services rendered to the beneficiary.

## **Overview from Intake to Discharge**

The following outlines requirements for OS, IOS, Recovery Services, Residential Treatment and Withdrawal Management. For NTP, refer to applicable Title 22 and Title 9 requirements.

| Step                      | What to Document   | Timeframe | Who Can            |
|---------------------------|--|-----------|--------------------|
|                           |  |           | Document           |
| Referral and<br>Admission | <ul> <li>All referrals made by the provider</li> <li>If appropriate, drug screening results</li> <li>Date of first contact, date of first offered assessment and date of first assessment</li> <li>Beneficiary Consent to Treatment</li> <li>Share of cost, if applicable, notification of DMC funding as payment in full</li> <li>Review and provision of Beneficiary Informing rights and materials</li> </ul> | As needed | LPHA;<br>Counselor |





| Assessment/ | Drug/Alcohol History                   | OS, IOS, Recovery Services:    | LPHA;      |
|-------------|--|--------------------------------|------------|
| Intake      | Medical History                        | Within 30 calendar days from   | Counselor  |
| irreake     | • Family History                       | the beneficiary's admission to | Counscion  |
|             | Psychiatric/Psychological History      | treatment                      |            |
|             | Social/recreational History            | Residential: Within 10         |            |
|             |  | calendar days from the         |            |
|             | • Financial Status/History             | beneficiary's admission to     |            |
|             | Educational History                    | treatment                      |            |
|             | Employment History     Chicken History | Withdrawal Management:         |            |
|             | Criminal History, Legal Status         | Within 5 days from the         |            |
|             | Previous SUD Treatment History         | beneficiary's admission to     |            |
|             | American Society of Addiction          | treatment                      |            |
|             | Medicine (ASAM) Criteria               |                                |            |
|             | Medical Director or LPHA review of     |                                |            |
|             | personal, medical and SUD history if   |                                |            |
| 51          | completed by a counselor               |                                | 51 11      |
| Physical    | Copy of physical examination           | Review within 30 calendar      | Physician; |
| Exam        | completed within prior 12 months in    | days from the beneficiary's    | RNP;       |
|             | beneficiary record, OR                 | admission to treatment         | PA         |
|             | A physical exam is performed within    |                                |            |
|             | 30 days of admission to treatment,     |                                |            |
|             | OR                                     |                                |            |
|             | The beneficiary's initial and updated  |                                |            |
|             | treatment plans include a goal to      |                                |            |
|             | obtain a physical examination, until   |                                |            |
|             | this goal has been met.                |                                |            |
| Diagnosis   | Basis of diagnosis must be based on    | Within 30 calendar days from   | Medical    |
|             | DSM 5 criteria                         | the beneficiary's admission to | Director;  |
|             | Documented separately from the         | treatment                      | LPHA       |
|             | treatment plan                         |                                |            |
| Medical     | The medical director or LPHA           | Within 30 calendar days from   | Medical    |
| Necessity   | evaluated the beneficiary's            | the beneficiary's admission to | Director;  |
|             | assessment and intake information.     | treatment                      | LPHA       |
|             | If the beneficiary's assessment and    |                                |            |
|             | intake information is completed by a   |                                |            |
|             | counselor, the medical director or     |                                |            |
|             | LPHA shall also document they met      |                                |            |
|             | with the counselor through a face-     |                                |            |
|             | to-face or telehealth review to        |                                |            |
|             | establish a beneficiary meets          |                                |            |
|             | medical necessity criteria.            |                                |            |
|             | Substance Use Disorder Diagnosis       |                                |            |
|             | based on the DSM                       |                                |            |
|             | Identification of level of care based  |                                |            |
|             | on ASAM                                |                                |            |





|             |   | T                                    | 1             |  |  |
|-------------|---|--------------------------------------|---------------|--|--|
| Treatment   | Statement of problems   | OS, IOS, Recovery Services:          | LPHA;         |  |  |
| Planning    | Goals [If applicable, also include goal   | Within 30 calendar days from         | Counselor     |  |  |
|             | for obtaining a physical exam and   | the beneficiary's admission to       |               |  |  |
|             | goal of obtaining treatment for an  | services                             | *Beneficiary  |  |  |
|             | identified significant medical illness]   | Residential: Within 10               | signs within  |  |  |
|             | Action steps  | calendar days from the               | same          |  |  |
|             | Target dates  | beneficiary's admission to           | timeframes    |  |  |
|             | Type & frequency of   | treatment                            |               |  |  |
|             | counseling/services   | Withdrawal Management:               | *If           |  |  |
|             | • Diagnosis   | Within 5 days from the               | counselor     |  |  |
|             | Assignment of primary therapist or  | beneficiary's admission to           | completes,    |  |  |
|             | counselor   | treatment                            | LPHA signs    |  |  |
|             | Client, Counselor, & LPHA signatures  |                                      | within        |  |  |
|             | obtained  |                                      | admission     |  |  |
|             | Physical exam: Goal if not had within   |                                      | timeframes    |  |  |
|             | 12-months prior to admission or if  |                                      | [and within   |  |  |
|             | within 12-months and indicates a  |                                      | 15 days       |  |  |
|             | significant illness, a goal that the  |                                      | from          |  |  |
|             | beneficiary obtains appropriate   |                                      | counselor     |  |  |
|             | treatment   |                                      | for OS, IOS,  |  |  |
|             | treatment   |                                      | NTP, RSS]     |  |  |
| Treatment   | • Treatment plan reviews with the bene  | ficiary shall occur every 30 calend  | lar days (14  |  |  |
| Plan        | calendar days for Withdrawal Manage   | ment) and shall be documented in     | n Marin       |  |  |
| Reviews and | WITS.   |                                      |               |  |  |
| Updates     | • LPHA/counselor shall complete, type of  | or legibly print name, sign and dat  | e the update  |  |  |
|             | treatment plan no later than 90 days a  | fter signing the initial treatment ; | olan and no   |  |  |
|             | later than every 90 calendar days there   | eafter, or when there is a change    | in treatment  |  |  |
|             | modality or significant event, whichever  | er comes first.                      |               |  |  |
|             | • The beneficiary shall review, approve,  | type or legibly print their name a   | nd, sign and  |  |  |
|             | date the updated treatment plan, indicating whether the beneficiary participated in     |                                      |               |  |  |
|             | preparation of the plan, within 30 cale   | ndar days of signature by the LPH    | IA or         |  |  |
|             | counselor.  |                                      |               |  |  |
|             | • If the beneficiary refuses to sign the in   | itial or updated treatment, plan, t  | the provider  |  |  |
|             | shall document the reason for refusal   | and the provider's strategy to eng   | gage the      |  |  |
|             | beneficiary to participate in treatment   |                                      |               |  |  |
|             | • If a counselor completes the updated t  | treatment plan, the medical direc    | tor or LPHA   |  |  |
|             | shall review each updated treatment p   | olan to determine whether contin     | uing services |  |  |
|             | are a medically necessary and appropriate for the beneficiary.                          |                                      |               |  |  |
|             | If the medical director or LPHA determines the services in the updated treatment        |                                      |               |  |  |
|             | plan are medically necessary, they shall type or legibly print their name and, sign and |                                      |               |  |  |
|             | date the updated treatment plan, within 15 calendar days of signature by the            |                                      |               |  |  |
|             | counselor.  |                                      |               |  |  |
| Continuing  | Review of the following:  | No sooner than five (5)              | Medical       |  |  |
| Services    | Beneficiary's personal, medical,  | months and no later than six         | Director;     |  |  |
|             | substance use history   | (6) months                           | LHPA          |  |  |
|             | Most recent physical exam   | , ,                                  |               |  |  |
|             |   |                                      |               |  |  |





|           | <ul> <li>Progress notes &amp; treatment plan goals</li> <li>LPHA's/counselor's recommendation</li> <li>Beneficiary's prognosis</li> </ul> |                                 |           |
|-----------|---|---------------------------------|-----------|
| Discharge | List of relapse triggers  | Within 30 days of last face-to- | LPHA;     |
| Plan      | Plan for avoiding relapse when faced with triggers  | face service                    | Counselor |
| [Unless   | Support plan, with People,  | During last face-to-face,       |           |
| Provider  | Organizations   | LPHA/counselor and              |           |
| Loses     | A copy must be provided to  | beneficiary sign and date plan  |           |
| Contact]  | beneficiary   |                                 |           |
|           | Must be documented  |                                 |           |
| Discharge | Duration of the treatment episode   | Within 30 days of last face-to- | LPHA;     |
| Summary   | Reason for discharge  | face                            | Counselor |
|           | Narrative summary of the treatment  |                                 |           |
|           | episode   |                                 |           |
|           | Prognosis   |                                 |           |

# **Sign-In Sheets**

Establish and maintain a sign-in sheet for every group counseling session, which shall include all of the following:

- The typed or legibly printed name and signature of the LPHA(s) and/or counselor(s) conducting the counseling session. By signing the sign-in sheet, the LPHA(s) and/or counselor(s) attest that the sign-in sheet is accurate and complete.
- The date of the counseling session.
- The topic of the counseling session.
- The start and end time of the counseling session.
- A typed or legibly printed list of the participants' names and the signature of each participant that attended the counseling session. The participants shall sign the sign-in sheet at the start of or during the counseling session

#### **Progress Notes**

| 1061033 110003       |  |  |  |
|----------------------|--|--|--|
| Modality             | What to Document   |  |  |
| Outpatient Services, | The LPHA or counselor who provided the service shall record a progress note  |  |  |
| Naltrexone, Recovery | for each beneficiary who participated in the service. The LPHA or counselor  |  |  |
| Services             | shall type or legibly print their name, and sign and date the note within seven days of the session.   |  |  |
|                      | Individual narrative summaries documented by the LPHA or counselor shall include all of the following:   |  |  |
|                      | <ul> <li>The topic of the session or purpose of the service.</li> </ul>  |  |  |
|                      | <ul> <li>A description of the beneficiary's progress on the treatment plan<br/>problems, goals, action steps, objectives, and/or referrals.</li> </ul> |  |  |





| Intensive Outpatient<br>and Residential<br>Treatment  | <ul> <li>Information on the beneficiary's attendance, including the date, start and end times of each individual and group counseling session or treatment service.</li> <li>Identify if services were provided in-person, by telephone, or by telehealth.</li> <li>If services were provided in the community, identify the location and how the provider ensured confidentiality.</li> <li>The LPHA or counselor shall record at a minimum one progress note, per calendar week, for each beneficiary participating in structured activities including counseling sessions or other treatment services. The LPHA or</li> </ul> |  |
|---|--|--|
|   | counselor shall type or legibly print their name, and sign and date progress notes within the following calendar week.  Progress notes are individual narrative summaries and shall include all of the   |  |
|   | <ul> <li>following:</li> <li>A description of the beneficiary's progress on the treatment plan, problems, goals, action steps, objectives, and/or referrals.</li> <li>A record of the beneficiary's attendance at each counseling session including the date, start and end times and topic of the counseling session.</li> </ul>  |  |
|   | <ul> <li>Identify if services were provided in-person, by telephone, or by telehealth.</li> <li>If services were provided in the community, identify the location and</li> </ul>   |  |
|   | how the provider ensured confidentiality.  |  |
| Case Management   | The LPHA or counselor who provided the treatment service shall record a progress note. The LPHA or counselor shall type or legibly print their name, and sign and date the progress note within seven calendar days of the case management service.  |  |
|   | Progress notes shall include all of the following:   |  |
|   | Beneficiary's name.  |  |
|   | The purpose of the service.  |  |
|   | <ul> <li>A description of how the service relates to the beneficiary's treatment plan problems, goals, action steps, objectives, and/or referrals.</li> <li>Date, start and end times of each service.</li> </ul>  |  |
|   | <ul> <li>Identify if services were provided in-person, by telephone, or by<br/>telehealth.</li> </ul>  |  |
|   | <ul> <li>If services were provided in the community, identify the location and<br/>how the provider ensured confidentiality.</li> </ul>  |  |
| Physician   | The medical director or LPHA working within their scope of   |  |
| Consultation,   | practice who provided the treatment service shall record a   |  |
| Additional MAT and  | progress note and keep in the beneficiary's file. The medical director or LPHA   |  |
| Withdrawal shall type or legibly print their name, and sign and date the print within seven calendar days of the service. |  |  |
|   | Progress notes shall include all of the following:   |  |
|   | Beneficiary's name.  |  |





| • | The purpose of the service.   |  |
|---|---|--|
| • | Date, start and end times of each service.                          |  |
| • | Identify if services were provided face-to-face, by telephone or by |  |
|   | telehealth.   |  |

#### Reimbursement for Documentation Time

If DMC-ODS providers plan to claim for documentation time, they must submit in writing to the Contract Manager the agency's documentation standards and a plan for how they will internally monitor compliance with documentation time standards, and participate in at least one inperson training with the WITS administrator during office hours.

Following written approval by BHRS, DMC-ODS providers may submit claims for documentation time for claiming General Outpatient, Intensive Outpatient, Recovery Services and Case Management services as follows:

- The Medical Director, LPHA or counselor shall record their completion of progress notes, treatment plans, continuing services justification and discharge documentation that includes at a minimum the following:
  - Name of beneficiary
  - Date original treatment service was provided
  - Date documentation of progress note, treatment plan, continuing services justification or discharge documentation was completed, which includes start and end time.
- The Medical Director, LPHA or counselor shall type or legibly print their name, and sign and date the record within seven (7) calendar days of the service requiring documentation.

For example, if a group counseling service took place from 2:00pm – 3:00pm on January 1, 2019 and the counselor completed the progress notes from 1:00pm – 1:20pm on January 2, 2019, then the start/end time of the Encounter in WITS shall be from 2:00pm – 3:20pm on January 1, 2019 and the progress note for the Encounter should include all of the required progress note elements noted in the previous section above—plus—a note indicating the start and end date and time of the documentation for each beneficiary.

Note that initially, BHRS is limiting the time that can be claimed as follows:

- Group counseling progress notes Up to 10 minutes per client
- Individual counseling and case management progress notes Up to 15 minutes per session, though not to exceed the time of the service [For example, if the case management session was 10 minutes, the time to document the progress note shall not exceed 10 minutes
- Documentation preparation of treatment plans, discharge documentations and continuing services justifications [Note: this is for any documentation time outside of the face-to-face service with the client] – BHRS-approved agency-specific standards





\*Reminder: Documentation time claimed must reflect the actual time—up to the approved maximums. Documentation time shall not be rounded.

#### **Additional Documentation Reminders:**

- Assessments shall be face-to-face and performed by qualified staffing. If the face-to-face
  assessment is provided by a certified counselor, the "face-to-face" interaction must take
  place, at minimum, between the certified counselor who has completed the assessment
  for the beneficiary and the Medical Director, licensed physician, or LPHA. This interaction
  also must be documented appropriately in the medical record to establish the
  determination of medical necessity for the beneficiary.
- Perform monthly verification of Marin Medi-Cal eligibility prior to rendering services
- Reference all types of services that are being prescribed, including case management and collateral, if appropriate
- LPHA shall document the face-to-face review with the counselor validating/verifying medical necessity
- Document evidence of reviewing and offering beneficiary informing materials
- Enter ASAM data for all assessments and re-assessments into the ASAM section in Marin WITS within seven (7) days of the assessment or re-assessment
- Enter into Marin WITS: Timely Access data, including requests for urgent appointments; Preferred language and language in which services are provided to the beneficiary; Evidence-based practice(s) used; No show data; documentation of follow-up post discharge from treatment; and documentation of transitions between levels of care.

# **Personnel File Documentation Requirements**

# **Required Staff Documents**

Contractor agrees to maintain the below requirements for each staff member whose salaries, wages, and benefits are reimbursable in whole or in part under this Agreement. All supporting documents shall be kept in personnel files. A formal evaluation shall be completed annually, or as requested by the County, through a Provider Self-Audit and on-site visit. [Reference:

California Department of Health Care Services, Alcohol and/or Other Drug Program Certification Standards (Section 13000 Personnel Practices), Drug/Medi-Cal Certification Standards, and State/County Intergovernmental Agreement, Exhibit A, Attachment I.]

#### **Provider Staff**

- <u>Job Description</u>: Contractor shall document staff job descriptions, including but not limited to the minimum qualifications for employment (e.g. education, training, work experience), duties and responsibilities performed, salary schedule and salary adjustments, title and classification, and lines of supervision.
- Application for Employment and/or Resume
- Signed Employment Confirmation Statement/Duty Statement
- Employee Performance Evaluations





- Other Personnel Actions: Including but not limited to; commendations, discipline, status change, employment incidents and/or injuries
- Health Records: As required by the Provider, AOD Certification or Title 9
- Current registration, certification, inter status, or licensure
- Proof of Continuing Education required by licensing or certifying agency and program
- <u>Code of Conduct</u>: provider's Code of Conduct and for registered, certified and licensed staff, a
  copy of the certifying/licensing body's code of conduct. The written provider code of conduct for
  employees and volunteers/interns shall be established which addresses at least the following:
  - a. Use of drugs and/or alcohol;
  - o b. Prohibition of social/business relationship with beneficiary's or their family members for personal gain;
  - o c. Prohibition of sexual contact with beneficiary's;
  - d. Conflict of interest;
  - e. Providing services beyond scope;
  - o f. Discrimination against beneficiary's or staff;
  - g. Verbally, physically, or sexually harassing, threatening, or abusing beneficiary's, family members or other staff;
  - o h. Protection beneficiary confidentiality;
  - o i. The elements found in the code of conduct(s) for the certifying organization(s) the program's counselors are certified under; and
  - o j. Cooperate with complaint investigations.
- <u>New Staff/Provider Orientation:</u> Contractor shall document staff member's participation in applicable New Staff/Provider Orientation.
- <u>Staff/Role Changes:</u> Contractor shall document in the personnel file of any staff role changes
- <u>Training Documentation</u>
   Contractors are required to have all applicable staff adhere to DHCS STCs by participation in following trainings as outlined below:

#### LPHA - Additional Requirements

Medical Director: Written roles and responsibilities and a code of conduct for the medical director shall be clearly documented, signed and dated by a provider representative and the physician.

LPHA CEU Requirements: All LPHAs shall have at least 5 CEUs annually in Addiction Medicine.

#### **Provider Volunteers**

If a provider utilizes the services of volunteers and or interns, procedures shall be implemented which address: a. Recruitment; b. Screening; Selection; c. Training and orientation; d. Duties and assignments; e. Scope of practice; f. Supervision; g. Evaluation; and h. Protection of beneficiary confidentiality.

#### **Additional Resources and References:**

Title 22, Section 51341.1

Title 9, Chapter 4

**DMC-ODS STCs** 

DHCS/County DMC-ODS Intergovernmental Agreement





## Section III. Clinical Documentation Guidelines

WITS Intake Checklist
Entering ASAM Data into Marin WITS
Entering Timely Access Data into Marin WITS





# SECTION IV. ADMINISTRATIVE GUIDELINES







### **Contracts**

#### **Contract Selection**

As outlined in <u>Policy MHSUS-ADP-19 Selecting Provider Contracting Requirements</u>, Marin County BHRS establishes standards for contract selection and retention, outlines processes for contract denial and appeals, and identifies applicable provider performance requirements for primary prevention, intervention and treatment services. All standards and procedures apply equally to all providers regardless of public, private, for-profit or non-profit status, and without regard to whether a provider treats persons who require high risk or specialized services.

In general, BHRS selects providers for programs and services through a competitive solicitation process that allows for the selection to be made on an objective and fair basis. Although the term of the award may vary depending on funding source requirements and other factors, the typical contract award term is three years, with the potential to extend to up to five years, depending on contract performance and availability of funding. Despite the term of the award, annual renewals are contingent on successful contract performance, continued need for the service(s), availability of funding and other factors that the County may deem appropriate. In general, the competitive solicitation process for existing contracted services should take place at least every five years.

Refer to <u>Policy MHSUS-ADP-19 Selecting Provider Contracting Requirements</u> for additional detail on: 1) Selection and Retention of Providers; 2) Contract Denial and Appeal Process; 3) Provider Performance and Service Requirements; and 4) Monitoring and Auditing.

# **New Provider Orientation and Training**

Marin BHRS will provide orientation to new Providers on contract requirements via individual trainings, distribution of written documents, monthly Provider meetings and weekly Marin WITS office hours. Providers are responsible for providing onsite orientation and training to non-professional staff prior to performing assigned duties and ensuring professional staff possess the appropriate experience and training. While it is ultimately up to Providers to ensure staff are trained, BHRS also offers many of the required trainings, which providers are invited to attend.

#### **Contract Execution and Renewal**

A <u>Contractor Renewal Manual</u> has been developed to serve as a guide to orient providers to the Division's various contract renewal requirements. This manual includes the instructions and forms for the renewal process. Please visit the <u>Contractor Resources section</u> of our website for fillable templates, links to relevant regulations, standards and policies, and a variety of additional resources related to billing, documentation and reporting.

# **Credentialing, Exclusion and Debarment**

Prior to the effective date of Contract, Contractor must certify that it is not excluded from participation in Federal Health Care Programs under either Section 1128 or 1128A of the Social





Security Act. Failure to so certify will render all provisions of this Contract null and void and may result in the immediate termination of the Contract.

- www.oig.hhs.gov/exclusions LEIE Federal Exclusions
- www.sam.gov/portal/SAM GSA Exclusions Extract
- www.Medi-Cal.ca.gov Suspended & Ineligible Provider List

In addition, Contractor shall certify, prior to the execution of the contract, that the Contractor does not employ staff or sub-contractors who are excluded from participation in federally funded health care programs. Contractor shall conduct initial and monthly Exclusion & Suspension searches of the following databases and provide evidence of these completed searches when requested by County, CA Department of Health Care Services or the US Department of Health & Human Services.

- www.oig.hhs.gov/exclusions LEIE Federal Exclusions
- o www.sam.gov/portal/SAM GSA Exclusions Extract
- o www.Medi-Cal.ca.gov Suspended & Ineligible Provider List

Contractor shall certify, prior to the execution of the contract that the Contractor does not employ staff or sub-contractors that are on the Social Security Administration's Death Master File. Contractor shall check the following database prior to employing staff or sub-contractors, and provide evidence of these completed searches when requested by County, CA Department of Health Care Services or the US Department of Health & Human Services.

https://www.ssdmf.com/ - Social Security Death Master File

Contractor is required to notify County immediately if they become aware of any information that may indicate their (including employees and subcontractors) potential placement on an exclusions list.

The County and the Contractor shall comply with the provisions of Title 42 § 438.610 and Executive Orders 12549 and 12689, "Debarment and Suspension," which excludes parties listed on the General Services Administration (GSA) list of parties excluded from federal procurement or non-procurement programs from having a relationship with the County or Contractor.

# Additional Required Documents for Licensed and Certified Providers Only:

#### License Verification

Contractor shall ensure that all staff and subcontractors providing services will have all necessary and valid professional certification(s) or license(s) to practice the contracted services. This includes implementing procedures of professional license checks, credentialing and recredentialing, monitoring limitations and expiration of licenses, and ensuring that all providers have a current National Provider Identifier (NPI) through the National Plan and Provider Enumeration System (NPPES). Contractor shall provide evidence of these completed verifications when requested by County, DHCS or the US Department of Health & Human Services.

#### **Counselor Certification**



Effective April 1, 2005, any individual providing intake, assessment of need for services, treatment or recovery planning, individual or group counseling to participants, patients, or residents in a DHCS licensed or certified program are required to be certified. In accordance with HSC Section 11833(b)(1), any individual who provides counseling services in a licensed or certified AOD program, except for licensed professionals, must be registered or certified with a DHCS approved certifying organization. Licensed professionals (LCSW, MFT, Psychologist or interns) are not required to be certified.

[Reference: Adoption of Chapter 8 (commencing with Section 13000), and Amendment of Sections 9846, 10125, and 10564, Division 4, Title 9, California Code of Regulations, Health and Safety Code 11833(b)(1), and MHSUDS Information Notice No. 16-058]

If a Provider's license, certification, or registration has lapsed, then they <u>cannot</u> provide any of the treatment services listed above until such a time as their license, certification, or registration becomes active again.

To verify Licensed and Associate level staff visit: <a href="https://search.dca.ca.gov/">https://search.dca.ca.gov/</a>

To verify Certified and Registered level staff visit:

CCAPP: <a href="https://ccappcredentialing.org/index.php/verify-credential">https://ccappcredentialing.org/index.php/verify-credential</a>

CADTP:http://www.cadtp.org/counselors/search.php?term=AYALA&submit=Search

#### Proof of Continuing Education

As required by Licensing or Certifying Agency and Program

### **Contract Updates and Changes**

If significant changes are expected, you must submit a request in writing to the contract manager. You must receive written approval prior to any changes being implemented and/or reimbursed. Significant changes include, but are not limited to:

#### Scope of Work

- Proposing to re-distribute units of service between existing service codes by more than 20%
- Proposing to add or remove a service modality
- Proposing to transfer substantive programmatic work to a subcontractor
- Proposing to provide any services by telephone, telehealth or field-based

#### Budget

- Proposing to re-distribute more than 20% between budget categories
- Proposing to increase or decrease FTE
- Proposing to increase the contract maximum

# **Provider Reporting and Monitoring Requirements**

# **Overview of Program Submissions**

**Program Reporting** 





To document program activities and progress toward achieving the expect outcomes, Providers are required to collect and submit the following:

| DOCUMENT TITLE   | DUE DATE  | WHERE SUBMITTED                  | Submission<br>Format                             |
|--|---|----------------------------------|--|
| Ongoing/ As Needed   |   |                                  |  |
| Not Accepting New<br>Beneficiaries   | By 9am each day that the program is not accepting new beneficiaries                                 | BHRS Contract<br>Manager         | E-mail   |
| Marin WITS (CalOMS)  - Client-specific data  - Drug/Medi-Cal Billing  - Addressing Errors and Open Admissions  - ASAM, Timely Access | Client-specific data should occur within 7 days of event  | Marin WITS:<br>www.MarinWITS.org | Electronic<br>Submission                         |
| Any issue that would require a Notice of Adverse Benefit Determination (NOABD)   | Within 24 hours of the event requiring a NOABD  | BHRS Contract<br>Manager         | E-mail (encrypted)                               |
| Adult Drug Court Weekly<br>Progress Reports  | By 12noon every Friday  | Jordan Hall                      | Encrypted E-mail or<br>Secure Fax                |
| Staff Update Form  | Prior to or within 24 hours of the staff change [e.g. new staff, separating staff, change of roles] | Leigh Steffy                     | E-mail   |
| Monthly Submission   |   |                                  |  |
| Monthly Provider Check and Attestation   | By the 10 <sup>th</sup> of the month  | BHRS Office                      | E-mail   |
| All Billing Invoices and Supporting Documentation  | By the 10 <sup>th</sup> of the month  | Marin WITS and<br>BHRS Office    | Electronic<br>Submission                         |
| Drug and Alcohol<br>Treatment Access Report<br>(DATAR)   | By the 10 <sup>th</sup> of the month  | State DHCS                       | Electronic<br>Submission                         |
| Resubmission of Denied DMC Claims  | By the 20 <sup>th</sup> of the month following notification of denial                               | Marin WITS                       | Electronic<br>Submission                         |
| Prevention Providers Only: PPSDS Data Template   | By the 10 <sup>th</sup> of the month  | BHRS Office                      | E-mail   |
| Annual Submission  |   |                                  |  |
| Provider Self Audit<br>Including Prevention<br>Providers   | January (Annually)  | BHRS Office                      | Hard Copy<br>(signatures) and<br>Electronic Copy |
| Annual Report Including Prevention Providers   | July 31 (Annually)  | BHRS Office                      | E-mail or Hard Copy                              |
| Provider Cost Reports Including Prevention Providers   | Late August/ Early September<br>(Annually)  | BHRS Office                      | TBD  |





#### Not Accepting New Beneficiaries/Waitlist

In the event a Provider is unable to accept new beneficiaries, the Provider will need to report the following:

- Report to BHRS Office via e-mail by 9:00AM each day that the program is not accepting new beneficiaries
- Submit the waitlist and capacity information to DHCS via the DATAR system; for more information see: <u>DHCS DATAR User Manual</u> [Reference: <u>Interim Services: MHSUS-ADP-07</u>]
- Interim services are required by all treatment services providers for any individual who is unable to be provided an intake appointment within Timely Access Standards [Reference: Interim Services MHSUS-ADP-07]
- Add Client to Waitlist in Marin WITS; for more information on entering data into Marin WITS, see: How to Add a Client to Waitlist
- If the time from the initial request to the first offered face-to-face appointment exceeds 10 business days, then immediately contact the BHRS Office to ensure a Notice of Adverse Benefit Determination is issued.

#### Claims Submission and Re-Submission

Invoices and applicable supporting documentation are due by the 10th of the month for services delivered the preceding month.

Following claims submissions to the County by the 10th of the month for services delivered the preceding month and a subsequent utilization review of Drug/Medi-Cal files, the County will submit eligible Drug/Medi-Cal claims received by the Contractor to DHCS.

Any Drug/Medi-Cal denials shall be resubmitted, as appropriate, by the Contractor to the County, by the 20th of the month following notification of the denial.

# **Monthly Reporting - Provider Check and Attestation**

A reminder and request for attestation of compliance with submission of required information is sent to each provider monthly. An evaluation of the signed attestation and supporting documents will be completed monthly by the provider's Contract Manager. The requirements include, but are not limited to:

|         | Description                                    | Timeframe                            |
|---------|--|--------------------------------------|
| DATAR   | Submit waitlist and capacity information to    | By the 10 <sup>th</sup> of the month |
|         | DHCS via the DATAR system. [Reference:         | for services rendered in             |
|         | MHSUS-ADP-07]                                  | the previous month                   |
| Billing | Submit all claims for services rendered in the | By the 10 <sup>th</sup> of the month |
|         | preceding month. For Drug/Medi-Cal             | for services rendered in             |
|         | providers, the Drug/Medi-Cal Claim             | the previous month                   |
|         | Submission Certification form (DHCS 100185)    |                                      |
|         | shall also be completed and submitted via e-   |                                      |





|  | mail to your contract manager. [Reference: MHSUS-ADP-18]   |  |
|--|--|--|
| CalOMS                                       | Input data within seven days of the event for all clients receiving reportable services, regardless of the client's funding source.  [Reference: MHSUS-ADP-16]   | Within seven days of the event   |
| Open<br>Admissions                           | Monitor Open Admissions on a regular basis and be sure to enter discharge and Annual Update (if applicable) data in a timely manner. Note that if a client does not receive services for 30 days, they must be discharged.   | Discharges: Close in WITS within seven days of discharge.  Annual Updates: Complete between 11-12 months from the last admission or Annual Update. |
| Staff/Role<br>Changes                        | E-mail a completed Staff Update Request Form (previously titled Marin WITS User Request/Change Form) and Marin WITS Electronic Signature Agreement to Leigh Steffy ( <a href="mailto:lsteffy@marincounty.org">lsteffy@marincounty.org</a> ), with a copy to your contract manager. [Reference: MHSUS-ADP-08] | Prior to or within 24 hours of staff changes taking effect   |
| Priority Population/ Interim Services        | Notify your contract manager when a priority population is awaiting admission to treatment. The information shall also be entered on the Interim Services List in Marin WITS.  [Reference: MHSUS-ADP-07]   | Within 48 hours  |
| Unusual<br>Occurrence or<br>Incident         | Notify the County Alcohol and Drug Administrator of an Unusual Occurrence (All Providers) or Incident (Licensed Residential Providers) [Reference: Exhibit I; Title 9]   | Unusual Occurrence: Within five days or ASAP Incident – Telephonic within one day  |
| Corrective Action Plan/ Notice of Deficiency | Notify County Alcohol and Drug Administrator of receipt of any DHCS report identifying non-compliance or processing requesting a CAP and submit copy of CAP to County Alcohol and Drug Administrator. [Reference: Exhibit I]   | Within two business days   |
| [Reference: MHSU                             | •  |  |
| Timely Access                                | Notify your contract manager of any challenges providing timely access to services   | Within two business days   |
| Reduction in                                 | Notify your contract manager in writing of any   | 60 days prior to the   |





|                  | remodeling or any other triggering recertification event |                          |
|------------------|--|--------------------------|
| Facility/Program | Notify AOD Administrator in writing of plans to          | Within two business days |
| Closure          | surrender DMC certification or close the                 |                          |
|                  | facility   |                          |

Contractor shall also report any other key changes per the timelines and processes outlined in applicable Policies and Procedures (<a href="www.MarinHHS.org/policies-procedures">www.MarinHHS.org/policies-procedures</a>), including, but not limited to: 1) Staff Updates; 2) Facility alterations/renovations; 3) Unusual occurrences or incidents; 4) Reduction in DMC services; and 5) Not accepting beneficiaries (facility at capacity).

#### **Timely Access**

Contractors are required to enter Timely Access data into Marin WITS within seven (7) days of the intake. Refer to Section I for Timely Access Standards. For more information on entering data into Marin WITS, see: Timely Access Data Entry Instructions

#### **Unusual Occurrence and Incident Reporting**

Contractor shall report unusual occurrences to the County of Marin Substance Use Services' Program Manager or designee. An unusual occurrence is any event which jeopardizes the health and/or safety of clients, staff and/or members of the community, including but not limited to physical injury and death.

Unusual occurrences are to be reported to the County within five (5) calendar days of the event or as soon as possible after becoming aware of the unusual event. Reports are to include the following elements:

- Complete written description of event including outcome;
- Written report of Contractor's investigation and conclusions;
- List of persons directly involved and/or with direct knowledge of the event.

The County and DHCS retain the right to independently investigate unusual occurrences and Contractor will cooperate in the conduct of such independent investigations.

Residential substance use treatment facilities licensed by DHCS shall also comply with reporting unusual incidents as outlined in Title 9 CCR, Chapter 5, Subchapter 3, Article 1. Contractor shall notify the County Alcohol and Drug Administrator concurrently, which is a telephonic report within one (1) working day of the event, followed by a copy of the written report submitted to DHCS within seven (7) days of the event.

# **Privacy and Security Breach Reporting**

Contractor shall, immediately upon discovery of a breach of privacy and/or security of PII and/or PHI by Contractor, notify County of such breach by telephone and email or facsimile to the following contact: BHRS Privacy Officer – Ph: (415) 473-6948, e-mail: HHSCompliance@marincounty.org or Fax: (415) 473-2627. Contractor further agrees that it shall





notify County of any such breaches prior to the time the County is required to notify the State pursuant to the State Contract.

In the event the State Contract requires the County to pay any costs associated with a breach of privacy and/or security of PII and/or PHI, including but not limited to the costs of notification, Contractor shall pay on County's behalf any and all such costs arising out of a breach of privacy and/or security of PII and/or PHI by Contractor.

### Reporting of Potential Fraud, Waste or Abuse

If any provider suspects an overpayment or potential fraud, waste or abuse, promptly report it. You can contact the following:

 Marin County HHS Compliance Hotline (Anonymous): 415-473-6984 or HHSCompliance@marincounty.org

DHCS Medi-Cal Fraud Hotline: 1-800-822-6222 or

E-mail: fraud@dhcs.ca.us or

Mail: Medi-Cal Fraud Complaint - Intake Unit, Audits and Investigations

PO Box 997413, MS 2500 Sacramento, CA 95899-7413

In addition, notify the County Alcohol & Drug Administrator to ensure that the DMC-ODS promptly reports and documents any overpayments.

DHCS, CMS, or the HHS Inspector General determines that there is a reasonable possibility of fraud or similar risk, the Department, CMS, or the HHS Inspector General may inspect, evaluate, and audit the subcontractor at any time.

# **Contract Monitoring**

Below is an overview of the scope of Contract Monitoring. Refer to Marin County <u>Policy BHRS-SUS-24 Monitoring</u> for a detailed description of monthly, annual and ongoing monitoring of County-operated and contracted provider substance use services.

# **Monthly Monitoring - Beneficiary File Reviews**

To ensure the provision of high quality care, compliance with applicable regulations, and submission of accurate claims to DHCS, BHRS Quality Management performs a monthly documentation review at all contracted and County-operated treatment facilities. The Utilization Review Specialist reviews files for new beneficiaries accessing services, beneficiaries due for a treatment plan update, and beneficiaries discharged from services. The list also includes at least one additional randomly selected beneficiary in order to review progress notes.

Based on the review, BHRS Quality Management staff will: 1) Issue a report to the provider summarizing the findings, including whether a Plan of Correction is required; 2) Issue a report to





the BHRS Contract Manager identifying whether any claims shall be excluded from submission to DHCS; and 3) Offer technical assistance to providers to improve documentation, as applicable.

# **Ongoing Monitoring - Utilization, Quality and Compliance**

In order to monitor over or underutilization of services, timely access to care, timely identification of quality of care issues, network adequacy and other pertinent information, BHRS also staff performs the following:

- On a monthly basis, reviews of units of service for each modality in order to track utilization and move funding/capacity between programs as needed
- On a monthly basis, reviews UR Report to adjust claims, as applicable, and identify trends and needs for training and technical assistance
- On a quarterly basis, reviews data included in the BHRS DMC-ODS Quality Improvement Plan in order to identify utilization, capacity, timely access, beneficiary outcomes and areas needing improvement
- On a monthly basis, reviews of the Provider Report/Attestation and follows-up, as indicated and applicable

### **Site Inspection**

The State, through any authorized representatives, has the right at all reasonable times to inspect or otherwise evaluate the work performed or being performed hereunder including subcontract supported activities and the premises in which it is being performed. If any inspection or evaluation is made of the premises of the Contractor or Subcontractor, the Contractor shall provide and shall require Subcontractors to provide all reasonable facilities and assistance for the safety and convenience of the authorized representatives in the performance of their duties. All inspections and evaluations shall be performed in such a manner as will not unduly delay the work.

# **Fiscal Monitoring - Annual Cost Report**

Contractor shall provide County with an annual Cost Report no later than sixty (60) days after the termination of this agreement. In addition to the annual Cost Report, Contractor shall furnish County, within one hundred and eighty (180) days of close of contractor fiscal year, a certified copy of an Audit Report from an independent CPA firm. [Reference PSC, Exhibit I, Section 7.5] This Audit Report shall cover Contractor's fiscal year which most nearly coincides with County's fiscal year. Contractors receiving federal funds shall comply with Office of Management and Budget (OMB) Circular Number A-133, Uniform administrative Requirements for Grants and Other Agreements with Institutions of Higher Education, Hospitals, and other Nonprofit Organizations. Cost Report settlements shall be made when a proper Cost Report has been submitted to the County. The findings of the annual Cost Report shall be subject to an audit by County and State. The State of California may make such audits as it deems necessary for the purpose of determining reimbursement due to the County.

Contractor is responsible for the repayment of all exceptions and disallowances taken by local, State and Federal agencies, related to activities conducted by Contractor under the Agreement.





Where unallowable costs have been claimed and reimbursed, they will be refunded to County. When a financial audit is conducted by the Federal Government, the State, or the California State Auditor directly with Contractor, and if the Contractor disagrees with audit disallowances related to its programs, claims or services, County shall, at the Contractor's request, request an appeal to the State via the County. [State-County Intergovernmental Agreement, Exhibit B]

Where contracts exceed \$10,000 of state funding – the Contractor shall be subject to examination and audit of the Department of Auditor General for a period of three (3) years after final payment under contract (Government Code § 8546.7).

### **Annual Program and Fiscal Monitoring**

Formal fiscal and program monitoring shall take place annually, or more often as requested by the County. The County will issue a written report, which will be forwarded to DHCS within two weeks of issuance. Should any Corrective Actions be required, then Contractor shall submit a written response within the timeframe outlined in the report, and such response shall be part of the official written report provided for in this section.

Annual onsite Program monitoring reviews will include, but are not limited to, the following: Prevention Providers

- Certification of Completion of Staff Required Trainings
- Compliance with all required Policies and Procedures
- Adherence to Strategic Prevention Framework
- Objective Obtainment
- Expenditure of SAPT Block Grant Prevention Set-Aside Funding
- PPSDS Quality and Compliance
- Implementation of and Compliance with CLAS Standards

#### **DMC-ODS and SABG Providers**

- Certification of Completion of Staff Required Trainings
- Compliance with all required Policies and Procedures
- Adherence to applicable DMC-ODS STCs/IA, Title 22, Title 9, 42 CFR Part 438 and other regulations
- Objective Obtainment
- Expenditure of SABG, DMC-ODS and other Funding
- CalOMS Quality and Compliance
- Implementation of and Compliance with CLAS Standards
- Review of Personnel and Beneficiary Files
- Follow-up from County and DHCS-issued Corrective Action Plans and Grievances and Appeals
- Site Tour for review of cleanliness, Basic or Limited accessibility, and posting of required materials.
- Review of data related to quality, timeliness, access and outcomes, including Treatment Perception Survey data





### **Corrective Action Plan (CAP)**

Corrective Action Plan means the written plan of action document which the Contractor or its subcontracted service provider develops and submits to the County to address or correct a deficiency or process that is non-compliant with laws, regulations or standards.

Where a monitoring report contains findings of non-compliance, a deadline for the agency to submit their correction action plan is provided on the report, typically 30 days from the date of the report. If there are no findings, the monitoring report represents closure of the monitoring cycle.

Additionally, Contractor shall notify the County Alcohol and Drug Administrator within two business days of receipt of any DHCS report identifying non-compliance services or processes requiring a Corrective Action Plan (CAP). Contractor shall submit the CAP to DHCS with the designated timeframe specified by DHCS and shall concurrently send a copy to the County Alcohol and Drug Administrator.

#### **Deficiencies vs. Disallowances**

Deficiencies are cited when an agency is non-compliant to federal, State, and County regulations, standards, provisions, and practices.

Disallowances are a type of deficiency that may result in taking back funds for a particular service/activity. This occurs when there is insufficient evidence or documentation that a service/activity took place or met the requirement.

# **Participation in External Reviews**

#### **Treatment Perception Survey**

DMC-ODS Providers are required to participate in the annual administration of the Treatment Perception Survey. The target population is every adult (18+) who physically presents and receives face-to-face services at outpatient, residential, NTP, WM/detox providers within the survey period. Surveys are anonymous and direct service staff must not be present when the client completes the survey. Based on the results, all facilities must select and implement at least one Performance Improvement Project annually.

#### **External Quality Review**

As required by Title 42, Code of Federal Regulations, Part 438 the Department of Health Care Services contracts with an External Quality Review Organization (EQRO). The EQRO conducts reviews of Drug Medi-Cal Organized Delivery System (DMC-ODS) Plans to analyze and evaluate information related to quality, timeliness, and access to DMC-ODS Services provided by California's opt-in counties and/or their subcontractors to Medi-Cal beneficiaries.





EQRO reviews consist of site visits, consumer (beneficiary) and family member focus groups, DMC-ODS and provider staff focus groups, data analysis and reporting, information system reviews, and the evaluation of DMC-ODS Performance Improvement Projects (PIPs).

Providers are expected to provide requested data and participate in various sessions, as applicable.

# **Finance Management**

#### **Financial Records**

Contractor shall maintain books, records, files, documents and evidence directly pertinent to work under this Agreement in sufficient detail to make possible an evaluation of services provided and compliance with DHCS regulations, as applicable, and in accordance with accepted professional practice and accounting procedures for a minimum of ten (10) years after the termination of the Agreement. Contractor agrees to extend to DHCS and to the County and their designees the right to review and investigate records, programs, and procedures, as well as overall operation of Contractor's program with reasonable notice.

Financial records shall be kept so that they clearly reflect the source of funding for each type of service for which reimbursement is claimed. These documents include, but are not limited to, all ledgers, books, vouchers, time sheets, payrolls, appointment schedules, client data cards, and schedules for allocating costs. Fiscal records shall contain sufficient data to enable auditors to perform a complete audit and shall be maintained in conformance with the procedures and accounting principles set forth in the State Department of Health Care Services' Cost Reporting/Data Collection Systems.

#### **Rates**

Interim rates are based on weighted averages and are for cash flow purposes—they will <u>not</u> be the rates reflected in provider contracts. BHRS will negotiate provider-specific fee-for-service rates.

Similar to current requirements, cost reports will need to reflect actual costs for DMC, Non-DMC and Other/Private for each modality of service. HHS Fiscal can provide technical assistance to ensure DMC-ODS providers have sufficient systems and clear methodologies to track expenditures and revenues prior to commencing services.

#### **Client Fees**

Contractor shall charge participant fees. No one shall be denied services based solely on ability or inability to pay. [Reference <u>PSC</u>, <u>Exhibit I, Section 5.1</u>]

Contractor shall perform eligibility and financial determinations in accordance with a fee schedule approved by the Chief of Alcohol and Drug Programs for this purpose. Individual





income, expenses, and number of dependents shall be considered in formulating the fee schedule and in its utilization.

[Reference PSC, Exhibit I, Section 5.2]

Contractor agrees to have on file with the County a schedule of Contractor's published charges, if applicable.

Contractor shall conduct community-centered fundraising activities, as appropriate. [Reference PSC, Exhibit I, Section 5.4]

#### Reimbursement

Contractor will be paid on a monthly basis, following the submission of an invoice (submitted through Marin WITS, as applicable, and/or on a template provided and/or agreed to by the County) for services delivered to the County's satisfaction. Contractor will be reimbursed the negotiated unit of service rate for all approved claims. For Fee for Service Providers, final settlement will be the total of approved claims times the negotiated Fee for Service rate, up to the contract maximum.

Unless otherwise noted in the contract, contractor will be reimbursed on a Net 30 basis, meaning generally, payments will be processed within 30 days from the invoice date.

Unless otherwise noted in the contract, services provided and reimbursed under this contract are only for Marin County Medi-Cal beneficiaries and low-income (< 138% FPL) uninsured Marin residents.

# Additional SAPT Block Grant (SABG) Funding Requirements

Prior to expending SABG funding, every reasonable effort should be made to, including the establishment of systems for eligibility determination, billing, and collection: (1) Collect reimbursement of the costs of providing such services to persons who are entitled to insurance benefits under the Social Security Act, including programs under Title XVIII and Title XIX, any State compensation program, any other public assistance program for medical expenses, any grant program, any private health insurance, or any other benefit program; and (2) Secure from patient or clients payments for services in accordance with their ability to pay.

In accordance with Title 45 Code of Federal Regulations, Part 96, Section 96.137, SAPT Block Grant funding is the "payment of last resort" for services for Pregnant and Parenting Women, Tuberculosis, and HIV. [Reference 45CFR, 96.137]



