

Take Action for Suicide Prevention

Suicide Prevention Week: September 4-10, 2022

World Suicide Prevention Day: September 10

You're Invited.
Join us!

Visit: Prevention.MarinBHRS.org Thriving At All Ages



CONVERSATION CIRCLES

From Compassion to Action:

A Community Guide to Suicide Prevention and Support in Marin County 2022



The newly released, "From Compassion to Action: A Community Guide to Suicide Prevention and Support in Marin County 2022," is designed to create greater awareness and understanding of a complex health issue that can be prevented, together. Join us in a Conversation Circle as we discuss the Guide and build our understanding, compassion, and action to prevent suicide.

Conversation Circles are limited to 20 participants.

- **First Responders.** Wednesday, September 7 at 4:00-5:00 pm. Facilitated by Lynn Murphy, LMFT and Dennis Prince. For San Rafael Police Department only.
- **Men/Boys.** September 15 at 6:00-7:00 pm. Facilitated by Steve Diamond, Program Director for Suicide Prevention, Buckelew Programs and Curtis Aikens, Advocate and Member, Men and Boy's Action Team. For those who self-identify as male.
- **Older Adults.** September 16 at 10:00-11:00 am. Facilitated by Kelly Soto, LPCC, Marin County Adult and Aging Services. Location: Vivalon, 930 Tamalpais Ave, San Rafael. For friends, family, caregivers, providers of older adults. Vaccination, booster, and mask required.
- **Parents/Caregivers.** September 19 at 6:00-7:00 pm. Facilitated by Liz Magdid, ASW, PPSC, Mental Health Practitioner, BHRS Youth and Family Services. For parents/caregivers of youth, teens, adult children.
- **LGBTQ+.** September 26 at 6:00-7:00 pm. Let's discuss how gender affirming language is in and of itself a pivotal piece of suicide prevention amongst gender diverse communities. Facilitated by Jenn Moore (they/them), LCSW, BHRS Equity and Inclusion Manager and Maggie Pilloton (they/them), Training Institute Manager, The Spahr Center. For friends, family and allies of LGBTQ+ individuals.

[Register Here](https://prevention.marinbhers.org)

or visit:

<https://prevention.marinbhers.org>



Download your
Guide here!



If you are concerned for yourself or someone you know, help is available: National Suicide & Crisis Lifeline 988 or text MARIN to 741741.
For mental health or other behavioral health issues: BHRS Access Line (888) 818-1115 or [visit: www.marinbhers.org](http://www.marinbhers.org)

For disability accommodations please phone 415-473-6844 (Voice), CA Relay 711, or e-mail kconnors@marincounty.org at least five business days in advance of the event. The County will do its best to fulfill requests received with less than five business days' notice. Copies of documents are available in alternative formats, upon request.